

**Saturday June 26<sup>th</sup>. KEW CAMBERWELL Hcp. YARRA BEND**

The rain held off, but it was cold, in fact colder than Ballarat last week!

There was a terrific roll up of juniors and a good number for the senior race, although more were expected. With bonus points for the Winter Points Awards up for grabs it was thought there would be a few more to face the starter. However the senior award in particular is now wide open.

The junior 3k saw most of our very promising troop of runners have a go over the trip that turns at Deep Rock Rd. before coming back to the park. **Hannah Garganis** led the field off and took advantage of a bit of a lift in the handicap to record an 'all the way win'. She showed the benefit of a little extra training and produced undoubtedly her best run of the season. **Jacob Barnes** had a red hot go but couldn't catch Hannah, while **Jacob McCormack** ran the fastest time to enable a third placing over the line.

**UNDER 16 3k Hcp**

			<b>Race</b>	<b>Hcp</b>	<b>Actual</b>	<b>Bonus Pts</b>
1	<b>Hannah Garganis</b>	15	16:31	Go	16:31	5
2	Jacob Barnes	14	16:57	4:15	12:42	3
3	Jacob McCormack	15	17:17	7:00	10:17	3
4	Jordan Minter	14	17:26	6:55	10:31	2
5	Ben White	12	17:31	6:50	10:41	2
6	Lachie White	12	17:32	6:50	10:42	2
7	Luke Garganis CLAC	9	17:34	3:45	13:49	
8	Andre Chambers	15	17:51	5:45	12:06	1
9	Adam Garganis	13	17:54	5:55	11:59	1
10	<b>Nikki White</b>	15	18:02	3:15	14:47	1
11	<b>Rachel Barnes</b>	16	18:07	2:25	15:42	
12	Lachlan Derby	13	19:02	2:15	16:47	1
13	<b>Victoria Lang</b>	inv	16	32:50	1:30	31:20 (ran off course)

The senior race saw 28 Harriers hit the road with three visitors joining in. It was terrific to have one of this latter group sign up before the event (I guess that makes 29). A big welcome to **Rae Barker!** We hope you will enjoy your time with Collingwood. (Another of the visitors showed a deal of interest too.)

Two of our wounded from Ballarat had a run. Although obviously not over their injuries, both **Troy Kameme** and **Magnus Michelsson** made their respective way around the course. **Michael Grech** finally had a run with us after transferring across from Sandringham at the start of the season. A stress fracture has kept Michael sidelined up until now, but hopefully things will fall into place for both Michael and the Club from now on.

**Rob Barnes** 'snuck' under the Handicapper's guard to be first across the line. It was a terrific run for Rob after a series of setbacks have prevented much running over the past few weeks. He just hung on from a storming **Paul Wallace** who continued his terrific

form from recent weeks. **Josh Debinski** ran with Paul nearly all the way and held on for a third placing.

**Anthony Mithen** strolled around, not pushing too hard after his terrific marathon (2:42 – 7 min PB) in Christchurch a couple of weeks ago. Fellow marathoner **Tony Hally** (2:51 also a big PB) seems to have recovered OK and followed up his effort at Ballarat with another solid run.

Fastest time went to evergreen **Malcolm Campbell** who put in another great run..... (– doesn't he always?!) **Daniel Rees** was the next best, closely followed by promising junior **Will Sheils**. **Simon Blyth** was another to show up. His new training program seems to be kicking in already.

It was good to have **David Sheils** back having a run after a few leg and back problems. **Frances Willmot** was the fastest of the small number of females!

### SENIOR 8k Hcp.

		Race	Hcp	Actual	Fastest	Bonus Pts
1	Robert Barnes	44:21	4:00	40:21	24	5
2	Paul Wallace	44:25	10:24	34:01	10	3
3	Josh Debinski	44:32	10:24	34:08	11	3
4	Craig Servinis	45:24	7:44	37:40	20	2
Inv	Matt Babidge	45:42	14:40	31:02	-	
5	Shane Derby	45:46	11:36	34:10	12	2
6	Simon Blyth	45:49	14:40	31:09	4	2
7	<b>Frances Willmot</b>	<b>45:53</b>	<b>8:40</b>	<b>37:13</b>	<b>18</b>	<b>1</b>
8	Dale Nardella	46:05	11:20	34:45	15	1
9	Paul Willmot	46:09	8:16	37:53	22	1
10	Mason Barnes	46:16	14:40	31:36	6	1
11	Michael O'Keefe	46:23	14:00	32:23	8	
12	Julian Warhurst	46:26	12:00	34:26	13	
13	Daniel Rees	46:43	16:40	30:03	2	
14	Ken Duxbury	46:44	13:20	33:24	9	
15	Chris Boylen	46:50	9:20	37:30	19	
16	<b>Carmel Pardy</b>	<b>46:53</b>	<b>7:44</b>	<b>39:09</b>	<b>23</b>	
17	Malcolm Campbell	46:55	17:53	29:02	1	
81	Will Sheils	47:03	16:56	30:07	3	
19	Tony Hally	47:13	15:44	31:29	5	
20	Michael Grech	47:33	4:00	43:33	26	
21	Chris Waldron	48:24	12:24	36:00	16	
Inv	Lyndon Galea Rich	48:50	19:28	29:22	-	
22	John Crameri	49:02	11:20	37:42	21	
23	David Sheils	49:15	4:00	45:15	27	
24	Ian Morelli	49:16	Go	49:16	29	
25	<b>Rae Barker</b>	<b>49:16</b>	<b>4:00</b>	<b>45:16</b>	<b>28</b>	
26	Anthony Mithen	50:00	18:00	32:00	7	
27	Troy Kameme	50:40	14:24	36:16	17	
28	Jim Hopkins	51:12	9:20	41:52	25	
29	Magnus Michelsson	54:02	19:28	34:34	14	

**Officials:** Another terrific turn up to help. It's great to have so many supporters willing to come along and assist the Club organize these events. **Terry Lanham, Graeme Scott, Don Cook, Diana Barnett, Bob Gardiner, Ray Harbert, Kevin Wigmore, Tony Williams** and **Judy Mason** all braved the nippy conditions to enable a smooth operation!

**Afternoon Tea:** Thanks this week to the **Willmots. Frances** and **Paul** had slaved over a hot stove and it was much appreciated. Three votes to **Mason Barnes**, last seen wrestling the biggest piece of chocolate cake ever seen by man.

**Special Visitor:** Great to see **Stanton Sharman** along for a looksee at the Kew Camberwell event. Stanton was an integral part of the Kew Camberwell Club for many years and still keeps in touch through the Life Members' Association.