

## Round 4 Thursday October 29<sup>th</sup>. Box Hill

The first 'twilighter' of the season! They suit some, but not others.

Our numbers were down on the previous two weeks but we welcomed back some first timers for the season and yet another debutant in **Tilley Southwood** who we add to the expanding list of under 16 girls.

Those at training last Tuesday were surprised, but rapt when last year's Club decathlon champion, **Tim Holmes**, turned up. Tim has been in Canada on work experience for about seven months and has managed some quality training at one of the universities over there. We weren't expecting him back this season. What a bonus!

Tim was at Box Hill and managed to fit in six events. The Club is going to benefit from his return.

World champion walker, **Stuart Kollmorgen** has had trouble getting to the track on Saturdays but more than made up for it with six events at Box Hill. A good win in the 2k walk got the night off to a good start, particularly as **Ross Reid** was again prominent at the front of the field. Stu also had a run in the steeple, 1500m, 100m, triple jump as well as doing a leg in the relay.

Last year's U/14 superstar **Pier Akec** was also back now that his school athletic commitments are over. Pier cracked the 50m barrier with the 700g javelin and looks set to go a lot further before the season's out. The Club U/16 record is well within his reach. Pier also looked great in the 100m, 400m and the relay.

There were a couple of terrific performances on the night (apart from Pier's javelin effort).

**Will Sheils** knocked approx. 8 seconds off his PB to smash the U/16 Club Record in the 1500m. The previous record, set in the late seventies, disappeared as Will, running very even laps, ran another tactical masterpiece to again impress onlookers.

After only two training sessions and in only his second competition **Nick Rosa** (U/16) improved 60cm in the pole vault. The only person more excited than Nick himself was coach **Chris Boylen**, who is doing great things with all our vaulters. **Chris** himself did it again, adding another 5cm. to the **45-49 Club Record** set last week with a 3.40m. clearance.

Collingwood gained the top two placings in the steeple when **Justin Murphy** joined **Malcolm Campbell** for the 3k event. Both athletes made this just the first of many events for the night. Many points were gained by their efforts. **Sage Scott** punished himself for missing the short hurdles by also having a run in the steeple. *I'm not sure that the punishment fits the crime!*

The aforementioned **Tilley Southwood** looked good in the 100m and ran a great leg in the 4x100 relay.

The 'Family Feud' was on again with the **Neale** and the **Barnes** families slugging it out for the maximum points award. Both families have dad, two sons and a daughter in the black and white colours. The Neales would be in front at the moment as **Rob Barnes** has been overseas on business and is unlikely to have run too many (if any) races in Dublin! **Danny Hecker** ran his best 1500m in Collingwood colours with a nice 4:40.8, while **Mason Barnes** chimed in with a 4:43.5. Mason is showing a lot of promise...just got to start believing in himself a bit more.

Both **Zoe** and **Mitch McWhinney** had good doubles in the triple jump and 100m. events. Mitch jumped 12.08m for the second time this season while Zoe is creeping up on her best with a 10.71m. leap. The Collingwood relay teams also benefited from the McWinney speed later in the day.

**The highlights of the results of the fourth week, team wise, were:**

**U/14 Girls - 5<sup>th</sup>., 40+ Men Team 1 - 2<sup>nd</sup>.,**

**U/14 Boys - 1<sup>st</sup>., U/16 Boys - 5<sup>th</sup>., Div 1 Men - 2<sup>nd</sup>., Div 3 Men - 2<sup>nd</sup>.**

**Ladder Positions:**

**U/14 girls - 3<sup>rd</sup>., U/16 girls - 7<sup>th</sup>., Div 1 women - 6<sup>th</sup>.**

**U/14 boys - 1<sup>st</sup>., U/16 boys - 7<sup>th</sup>., Div 1 Men - 2<sup>nd</sup>., Div 3 men - 1<sup>st</sup>., 40+ men - 2<sup>nd</sup>.**

Our officials were very prominent again this week. We were not required(!) to field a stack this time, nevertheless when the call went out for extra helpers **Bev** and **Narelle Scott** and **Lyn Humphris** filled the breach. Our others on the job were **Matthew Webster**, **Ian Fisher**, **Diana Barnett**, **Brian Williams**, **Kevin Wigmore**, **Judy Mason** and **Tony Williams**.