

Round 6 Saturday November 21st. Doncaster

Where to begin? Three more first-timers, a couple more having their first run for the season, some more PBs, seven relay teams and a terrific turn up yet again.

But **Josh Debinski** - you little ripper! Yet to have a go at the 1500 this season, his form in the 800 suggested a big improvement on last season's best was on the cards. Josh led from the start and was well ahead of the target set for him for the first two laps. Collective breaths were held - surely he can't keep this up! One runner did get to him, but only the one. Josh kept going and crossed the line in second place in just over the five minute mark - over 30 secs off his best. Later in the day Josh had his first individual 400 and recorded a tick over 65secs.

Our newcomers included **Jennifer Carden-David**, another welcome addition to our U/16 team. Jenny recorded 9.34m in her first try at the triple jump - will be very valuable to the team in coming weeks. **Catherine Corbett** will be a welcome addition to our U/14 team for a couple of reasons. An extra body is always a bonus, but one who likes the hurdles is like gold.

Young **Lachlan Derby** has joined dad Shane in the black and white and will help the very keen team of youngsters in the U/14s. Lachlan had a go at the 2k steeple and may have found it to be a bit harder than it looks! (As they both are ardent Carlton supporters in the AFL will Lachlan become known as SOS?)

It was great to have **Simon Blyth** and **Tom Lantieri** back after injuries and **Paul Skipper** after work commitments had kept him away until now. Their presence can only add to our stocks for the remainder of the season. **Simon** had a comfortable run in the 1500 and helped out in a relay, while **Tom** did the 100 and the relay then ran a terrific 400 to finish off the day. **Paul** will certainly add some strength to the 40+ team, although he may be called on for Divvy 1 on some occasions.

The 1500s provided some more highlights in a busy day. **Will Sheils** and **Mason Barnes** both ran well again recording their best times for Collingwood by a couple of tenths, while U/16 **Jason McCormack** ran a massive PB, running under 5 minutes for the first time to record 4:39.8 After his recent 800 performances this time was not totally unexpected and we are sure to see further improvements over both distances before the season is out.

Corinna Minko followed up her record leap in the LJ last week with a good 11.69m in the triple this week before a ripper 12.91 in the 100m. Later on Corinna combined with **little sis Romy**, **Madeline Lantieri** and **Rachel Barnes** to record the second fastest relay for the season, (so far).

Pier Akec ran 11.79 in the 100, ducking under 12secs for the first time. **Tim Amanaditis** ran his best in the 100 with 12.64 and then recorded 2.25m in his first go at the pole vault. (Another 'Boylan Babe' in the vault!) **Peter Neale** gave us a PB in the triple jump,

clearing 10m for the first time while **Troy Kameme** joined in with his usual swag of events, the best of which this week was probably his 12.53secs 100. Peter also continues to creep towards his big target of a sub 60 secs 400mts., this time recording 60.71

Mitch McWhinney recorded his best in the triple jump with 12.29mts. and nearly got to 12secs in the 100mts. being just .08 over. Dual Club 100 yards Champion **Daniel Sanders** was our quickest sprinter with 11.43.

Susan Michelsson ran her first 1500 for Collingwood in many seasons. Her 4:44.9 is a new 35-39 Club Record. Susan ran a second heat immediately after the first as part of her training program.

Versatile under 16 **Nick Rosa** added a couple more events to his list of things done in his first season with a more than competent 16.84 in the 100 hurdles and a discus toss close to thirty metres.

Officials: Collingwood again provided a large number of the qualified people who are necessary to run the meeting. **Brian Moore, Tony Williams, Lyn Humphris, Judy Mason, Matthew Webster, Ian Fisher, Diana Barnett** all did their duty as usual, while **Kevin Wigmore** added announcer to his list of skills with a most mellifluous performance. Thanks to **Peter Neale** and **Santo Lantieri** for their help organising the relay teams – a major task this week!

The highlights of the results of the sixth week, team wise, were:

U/14 Girls - 3rd., Div 1 Women - 5th., 40+ Men - 1st.

U/14 Boys - 1st., U/16 Boys - 2nd., Div 1 Men - 2nd., Div 3 Men - 1st.

Ladder Positions:

U/14 girls - 3rd., U/16 girls - 7th., Div 1 Women - 6th., 40+ Men - 2nd.

U/14 boys – 1st., U/16 boys - 5th., Div 1 Men – 2nd., Div 3 Men – 1st.