

1976

WINTER

Saturday March 14th. V.M.C.

**20k Marathon Trial Warm up
Albert Park**

7	Peter Betheras	72:21
11	Norm Franzi	74:18

Saturday April 3rd. Olympic Marathon Trial

10	Paul O'Hare	2:32:06
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Monday April 19th. V.M.C.
(Easter Monday)

**10 Mile ROAD
PRINCES PARK**

6	Peter Betheras	54:49
9	Eddie Lynn	55:02
13	Leif Michelsson	55:32
42	Norm Franzi	59:17
48	John Barnes	60:43
Dnf	Robert Barnes	6 Miles 36:18

Saturday April 24th. V.A.A.A.

**5K CROSS-COUNTRY RUN
COBURG**

2	Robert Hendy	17:39
14	John Glover	18:36
108	Barry Wadsworth	22:14
125	Fred Crews	24:05

Sunday April 25th.

V.M.C.

**10k Fallen Comrades Run
Albert Park**

40 Norm Duff 35:16

Saturday May 1st.

V.M.C

30k King of the Mountains - Pt Leo

12	Peter Betheras	1h 51m 07s
13	Leif Michelsson	1h 51m 41s
15	Eddie Lynn	1h 52m 30s

Saturday May 1st.

CLUB

LACEBY CECIL HANDICAP 6.4k

		Race Time	Hcp	Act Time	Fastest
1	John Van Hirsal	18:19	7:30	25:49	10
2	Steve Griffiths	18:39	3:00	21:39	6
3	Fred Crews	18:46	6:50	25:36	9
4	Mark Stewart	18:58	0:15	19:13	2
5	Robert Hendy	19:08	Scr	19:08	1
6	Norm Duff	19:08	2:00	21:08	4
7	Paul Twining	19:34	1:40	21:14	5
8	Mike Boylen	20:00	2:10	22:10	7
9	Paul O'Hare	20:24	0:10	20:34	3
10	Kevin Radford	21:21	1:30	22:51	8
11	Kevin McVeigh	21:40	7:30	29:10	12
12	Graeme Scott	22:37	5:20	27:57	11

HANDICAP			FASTEST		
1	John Van Hirsal		1	Robert Hendy	19:08
2	Steve Griffiths		2	Mark Stewart	19:13
3	Fred Crews		3	Paul O'Hare	20:34

Robert Hendy's run of 19:08 created a new course record. Mark Stewart (19:13), also broke the previous record of 19:15 held by the same Robert Hendy.

Saturday May 8th. V.A.A.A.

ROAD RELAYS - SANDOWN

A Grade	6x3.88Miles			D Grade	6x3.88Miles		
Robert Hendy	9:01	10:10	19:11	Peter Betheras	11:01	10:51	21:52
John Glover	9:36	10:02	19:38	John Barnes	10:39	11:26	22:05
Norm Duff	10:08	10:15	20:23	Ray Harbert	10:58	11:51	22:49
Peter Betheras	10:20	10:13	20:33	Greg Jones	11:29	11:47	23:16
Mike Boylen	10:13	10:40	20:53	David McMennemin	12:18	13:14	25:32
Steve Griffiths	10:24	10:30	20:54	Graeme Scott	12:13	13:57	26:10

Saturday May 22nd. V.A.A.A.

**8K CROSS-COUNTRY CHAMPIONSHIP
BALLARAT**

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
23	Robert Hendy	26:24	Scr	26:24	5
30	Paul O'Hare	26:35	Scr	26:35	6
184	Steve Griffiths	30:30	5:00	25:30	3
197	John Barnes	30:37	5:30	25:07	2
265	Greg Jones	32:41	8:30	24:11	1
278	Robert Barnes	32:53	5:00	27:53	8
351	Shayne Smith	35:51	9:30	26:21	4
368	Graeme Scott	36:59	9:30	27:29	7

A Grade 6th.

CHAMPIONSHIP

CLUB HANDICAP

1	Robert Hendy	26:24	1	Greg Jones	24:11
2	Paul O'Hare	26:35	2	John Barnes	25:07
3	Steve Griffiths	30:30	3	Steve Griffiths	25:30

Saturday June 12th. Ballarat Region

Charles Suffren Run 6.5K

7	Robert Hendy	20:15
8	Mark Stewart	20:19

Monday June 13th. V.A.A.A.

**LAKE WENDOUREE RELAYS
BALLARAT**

A Grade 6x3K

Robert Hendy	9:18
Mark Stewart	9:19
John Glover	9:40
Paul Twining	10:35
Steve Griffiths	10:35
John Barnes	10:37

B Grade 6x3K

Robert Barnes	11:01
Kevin Radford	11:03
Shayne Smith	11:27
David McMennemin	12:00
Kevin McVeigh	12:37
Graeme Scott	12:50

Saturday June 19th. CLUB

**COLLINGWOOD HARRIERS ATHLETIC CLUB
5 MILE
CROSS-COUNTRY CHAMPIONSHIP
including Sealed Handicap**

		Race Time	Hcp	HcpTime	Hcp Pl.
1	Mark Stewart	25:46	0:10	25:36	4
2	Robert Hendy	25:53	Scr	25:53	5
3	Paul O'Hare	26:42	0:10	26:32	6
4	John Glover	27:10	1:50	25:50	3
5	David Marburg	27:35	0:25	27:10	9
6	Peter Betheras	29:42	2:00	27:32	10
7	Mike Boylen	29:46	3:00	26:46	8
8	John Barnes	29:54	3:10	26:44	7

9	Steve Griffiths	31:22	3:00	28:22	13
10	Ray Harbert	32:00	4:00	28:00	11
11	Robert Barnes	32:36	4:20	28:16	12
12	Shayne Smith	34:43	6:00	28:43	=14
13	Graeme Scott	34:45	10:00	24:45	2
14	Fred Crews	35:43	7:00	28:43	=14
15	Anthony Lynn	35:59	11:30	24:29	1

CHAMPIONSHIP RESULTS

MEN

1	Mark Stewart	26:46
2	Robert Hendy	25:53
3	Paul O'Hare	26:42

HANDICAP RESULTS

1	Anthony Lynn	24:29
2	Graeme Scott	24:45
3	John Glover	25:20

Saturday June 26th. V.A.A.A.

VICTORIAN MARATHON CHAMPIONSHIP

11	Lief Michelsson	2h 41m 43s
26	Peter Betheras	2h 49m 48s
61	Eddy Lynn	3h 09m 56s

Splits:

Michelsson	22:47	41:00	58:30	77:20	94:18	112:14	132:40	2:41:43
Betheras	22:35	40:35	58:30	78:40	96:00	115:15	136:46	2:49:48
Lynn								

Saturday July 10th. V.A.A.A.

**10K ROAD CHAMPIONSHIP
WERRIBEE**

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
33	David Marburg	31:51	Scr	31:51	4
34	John Glover	31:51	0:25	31:26	2
89	Norm Duff	33:45	2:20	31:25	1
173	John Barnes	35:58	3:00	32:58	5
291	Michael Spoor(18)	39:56	8:20	31:36	3

Saturday July 24th. V.A.A.A.

**16K CROSS-COUNTRY CHAMPIONSHIP
SUNBURY**

		8k	16k	Club Hcp	H. Time	Hcp Pl.
50	Paul Twining	29:18	60:27	Scr	60:27	2
	John Matthews	30:17	61:27	7:00	54:27	1
104	Peter Betheras	30:52	64:26	3:30	60:56	3
	Greg Jones	43:03		DNF		
	Phillip Prendergast			DNF		

CHAMPIONSHIP

CLUB HANDICAP

1	Paul Twining	60:27	1	John Matthews	54:27
2	John Matthews	61:27	2	Paul Twining	60:27
3	Peter Betheras	64:26	3	Peter Betheras	60:56

Saturday July 31st. A.A.U.

**AUSTRALIAN MARATHON CHAMPIONSHIP
N.S.W.**

19 Leif Michelsson 2h 39m 18.8s

Saturday August 7th. V.A.A.A.

**15K ROAD CHAMPIONSHIP
FISHERMEN'S BEND**

	Race Time	Club Hcp	Hcp Time	Hcp Pl.
David Marburg	48:12	Scr	48:12	4

Norm Duff	50:31	3:30	47:01	1
Peter Betheras	51:59	4:00	47:59	3
John Barnes	53:57	6:30	47:27	2

CHAMPIONSHIP

CLUB HANDICAP

1	David Marburg	48:12	1	Norm Duff	47:01
2	Norm Duff	50:31	2	John Barnes	47:27
3	Peter Betheras	51:59	3	Peter Betheras	47:59

Saturday August 14th.

CLUB

FOUNDATION MEMBERS' MEMORIAL HANDICAP BOULEVARDE - 11.2K

		Actual Time	Hcp	Hcp Time	Hcp Pl.
1	Paul Twining	36:51	Scr	36:51	4
2	John Matthews	37:21	Scr	37:21	8
3	Peter Betheras	38:03	2:00	36:03	2
4	Mike Boylen	39:40	2:20	37:20	6
5	John Barnes	39:58	3:00	36:58	5
6	Ray Harbert	41:33	5:20	36:13	3
7	Steve Griffiths	43:36	3:20	40:16	12
8	Robert Barnes	43:55	5:00	38:55	11
9	Fred Crews	44:30	10:00	34:30	1
10	Greg Jones	44:35	7:00	37:35	9
11	Shayne Smith	47:16	9:00	38:16	10

HANDICAP

FASTEST

1	Fred Crews	34:30	1	Paul Twining	36:51
2	Peter Betheras	36:03	2	John Matthews	37:21
3	Ray Harbert	36:13	3	Peter Betheras	38:03

Saturday August 21st.

V.A.A.A.

12K CROSS-COUNTRY CHAMPIONSHIP BUNDOORA

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
24	David Marburg	45:32	Scr	45:32	1
71	Paul Twining	49:11	3:00	46:11	2
92	Peter Betheras	50:14	3:45	46:29	3

108	Mike Boylen	52:00	4:30	47:30	5
127	John Barnes	52:32	4:45	47:47	6
148	Robert Barnes	54:17	7:00	47:17	4

A Grade 4th.

CHAMPIONSHIP

CLUB HANDICAP

1	David Marburg	45:32	1	David Marburg	45:32
2	Paul Twining	49:11	2	Paul Twining	46:11
3	Peter Betheras	50:14	3	Peter Betheras	46:29

Under 14 5000 Metres

7 Anthony Lynn 25:39

Saturday August 28th.

V.M.C.

20k Road Run Albert Park

16 Norm Duff 71:38

Saturday September 4th.

V.A.A.A.

25,000 Metres Road Championship

11	Robert Hendy	81:54
25	David Marburg	83:45
66	Paul Twining	89:25
92	Peter Betheras	92:15
101	John Barnes	93:19
196	Greg Jones	112:25

A Grade 4th.

Wednesday November 3rd

V.M.C.

12k Two Bridges Run

10	Norm Duff	41:04
11	Peter Betheras	41:08

Thursday December 12th. V.M.C.

Emil Zatopek 10,000 Metres

C Division

13 Peter Betheras 33:44