

33rd

ANNUAL REPORT



**COLLINGWOOD
HARRIERS ATHLETIC
CLUB INC.**

Thursday 27th April 2017

**Incorporating
KEW-CAMBERWELL ATHLETIC CLUB (Inc.)**

**33rd
ANNUAL REPORT
(Affiliated with A.V. 14/4/1926)**

**COLLINGWOOD HARRIERS
ATHLETIC CLUB
INCORPORATING
KEW-CAMBERWELL ATHLETIC CLUB (INC)**

**INCORPORATING
THE 90th ANNUAL REPORT
OF THE**

**COLLINGWOOD HARRIERS ATHLETIC CLUB
FOUNDED 26/1/1926**

Thursday 27th April 2017

OFFICE BEARERS 2016-2017

PRESIDENT: Heather Gaunt

VICE PRESIDENT: Peter Gaunt

SECRETARY: Bronwyn Hill

TREASURER: Sofie Fabre.

REGISTRAR: Steve Griffiths.

WINTER CO-ORDINATOR: Liam Delaney

SUMMER CO-ORDINATOR: Vacant

ADMINISTRATION MANAGER: Vacant

COMMITTEE MEMBERS: Adam Garganis

Andrew McAdam

Tony Williams

Chris Boylen

David Diviny

Doug Leutchford

Robert Maillardet

Scott Lovell

Troy Kameme

A.V. DELEGATES: Tony Williams

Chris Boylen

Kevin Wigmore

Ian Fisher

HONORARY AUDITOR: Terry Lanham.

Collingwood Harriers Athletic Club Mission Statement:

We are a friendly and supportive athletic club that aims to create an environment of inclusivity and community, and encourages health and wellbeing for all members. We provide training opportunities at our own athletic track and Clubrooms in Clifton Hill, and Summer and Winter competition through Athletics Victoria.

Life Members

1940	N.T.H. (Norm) Francisco*	1974	T.N. (Terry) Lanham
1946	H.G. (Harold) Lang*	1974	R.A. (Ron) Miller
1947	L. (Lou) Dubois*	1974	G.W.A. (Graeme) Scott
1947	L.C. (Len) Francisco*	1974	G.K. (Graeme) Young
1947	W.J. (Bill) Hughes*	1975	E.C. (Eddie) Lynn
1947	G.C. (George) Knott*	1975	H. (Hartley) Tobin
1947	W.S. (Bill) Tunaley*	1975	D.G. (Don) Cook
1947	N. (Norm) Marshall*	1976	B.E. (Brian) O'Sullivan
1948	W.F. (Bill) Blanchard*	1978	B. (Bruce) Conboy
1948	H.W. (Bert) Hagg*	1978	G.T. (Gladys) Price (Mrs)*
1948	G.J. (Gordon) Thompson*	1981	R.M. (Ray) Boyd
1949	A.F. (Arthur) Butler*	1982	R.H. (Roy) Hooker*
1949	R. (Reg) Marshall*	1982	W.B. (Bill) Hooker
1950	A.R. (Arthur) Rogers*	1982	C. (Claude) Martin
1950	R.J. (Ron) Flint*	1982	A.J. (Allan) Minter
1952	A.W. (Wally) Anderson*	1983	I.J. (Ian) Minter
1952	R.L. (Ray) Coverdale*	1983	A.J. (Tony) Williams
1954	N.L. (Norm) Goble*	1983	J.A. (John) Watkins
1954	M.G. (Max) Gee	1983	D.T. (David) McMennemin
1957	J. (Jim) Cox*	1984	S.R. (Steve) Griffiths
1957	A.G. (Alex) Barfoot*	1987	B.T. (Barry) Wilson
1958	A.E. (Albert) Slade*	1989	G.H. (Grant) Sargent
1958	A.G. (Ted) Stuckey*	1991	G.F. (Geoff) Grant
1960	C.A. (Colin) Murraylee	1993	K.W.J. (Kevin) Wigmore
1961	C. (Cal) Delahunt*	1997	R. (Roger) Groppi
1962	D. (Don) Collins*	1997	J.J. (Jeff) Sargent
1965	G.A. (George) Bartlett*	2001	M. (Mike) Boylen
1965	C.W. (Colin) Crawford*	2001	R.J. (Robert) Hendy
1969	N.J. (John) Francisco	2001	J.W. (Jim) Hopkins
1970	R.H. (Ray) Harbert	2002	K. (Ken) Duxbury
1970	R.C. (Bob) Gardiner	2003	H. (Harry) Mason*
1970	J.D. (John) Busst*	2004	R.C. (Rob) Barnes
1972	M. (Madeline) Caddaye (Mrs)*	2004	J. (Judy) Mason.
1972	C.R. (Charles) Dedman*	2005	M. (Magnus) Michelsson
1972	R.A. (Ray) Francisco*	2005	P. (Paul) Twining
1974	B. (Brian) Clarke	2006	I. (Irene) Williams
1974	N. (Norm) Duff	2013	E. (Edna) Tunaley*
		2014	J. (John) Crameri

Life Members – Kew/Camberwell

D. (Diana) Barnett	G. (Geoff) Pratt
R. (Robyna) Bruce	D. (Des) Rock
M. (Maurice) Ellis	K. (Kevin) Rock
W. (Bill) Fraser*	R. (Ross) Rufford-Sharpe
J. (Jean) Gell	B. (Barbara) Rumble
K. (Ken) Herbert	N. (Nick) Sharman
F. (Fred) Lester*	S. (Stanton) Sharman
B. (Brian) Moore	F. (Frank) Woods*
G. (George) Norris	W. (Wilfred) Woods*

Athletics Victoria Life Members

1983	Bill Tunaley*
1986	George Knott*
2008	Tony Williams
2010	Brian Moore
2010	Bob Gardiner

Athletics Victoria Merit Award

1998	Tony Williams
1998	Geoff Grant
1998	Ron Miller
1998	Allan Minter
2003	Brian Moore
2004	Bob Gardiner
2004	Irene Williams
2008	Diana Barnett
2008	Kevin Wigmore
2008	Harry Mason
2008	Judy Mason

The Norm Francisco Medal

1998	W.S. (Bill) Tunaley*	2004	R.A. (Ron) Miller
1998	G.C. (George) Knott*	2006	A.J. (Tony) Williams
1998	R.L. (Ray) Coverdale*	2007	A.J. (Allan) Minter
2002	R.H. (Ray) Harbert	2011	T.N. (Terry) Lanham
2002	R.C. (Bob) Gardiner	2013	S.R. (Steve) Griffiths
2015	G. H. (Grant) Sargent	2015	K. (Kevin) Wigmore

*Denotes deceased member.

President's Report

As President, my first duty is to thank *all* Members of the Collingwood Harriers Athletic Club, for participating and working together across so many areas, as athletes, officials, coaches, committee members, volunteers, friends and family. Due to the efforts of all, the club retains strong membership numbers and an excellent financial position, as well as a friendly and supportive culture. It is clear to me that the key values of a community Club such as ours are the social as well as athletic opportunities to work together, and that these contribute directly to a healthier and happier society. It has been a privilege to contribute to that 'bigger picture' to the best of my capacity as President through the past twelve months.

It has certainly been a great year for our athletes. A highlight was the success of Virginia Moloney winning the George Saunders Trophy as Champion Female Winter Athlete. The Winter Season was successful, with strong numbers of participants for each event. Our Summer Season was also successful, with a number of our athletes travelling to the Australian Championships in Sydney. The many achievements of our athletes across all age-groups and events can be seen in detail within the Annual Report, and the Winter and Summer season reports. The crucial role of our Officials and Coaches must also be highlighted and applauded, as an essential part of these athletic endeavours.

It has been a highly challenging year for everyone on the Committee as we move into a new era for the Club. While most of the work the Committee does is behind the scenes, it is this work that allows our Members to continue to enjoy the benefits and opportunities. Some of the achievements of the Committee throughout this year, in addition to the day-to-day work of running the Club and all the athletic events, include:

- improved communication with the City of Yarra, including demonstrating our alignment with the City of Yarra's core values around promoting inclusivity and diversity across cultures, age-groups and genders in the area of sport in Yarra, and meeting CoY Key Performance Indicators. Our success in this area is demonstrated by the fact that the Council has accepted our need for major track upgrade, which has been placed in the CoY Draft Budget for 2017-18, for \$735,000;
- achieving the requirements of Athletics Victoria for the new obligatory 'Club Connect' program, which included formulating a suite of Policy Documents for the Club, most of which are now available on the CHAC website;
- updating our website to include the calendar of events, and improved information delivery including linking postings with social media;
- improving our coaching profiles on the website and continuing to support the crucial coaching activities of the Club, including funding coaches to attend training to upgrade their qualifications;
- creation of a Club Helper on-line system for organising the many volunteers required for the Summer Season, and having our Club Helper achievements recognised with a financial reward (Club Affiliation Discount) from Athletics Victoria;
- major spring clean of the Club Rooms, replacement of old furniture in the hall and Committee room;
- preservation and display project for our historic Club Pennants, that saw a new re-hang arrangement for pennants that will be cyclical, rotating on a yearly basis after

each annual Spring Clean, to achieve longevity of these fragile textiles. Displayed pennants are chosen to reflect diversity in gender and age-group of athletes over the history of the Club. Pennants not currently on display have been housed in conservationally appropriate boxes;

- consolidating the changes to role descriptions in the Committee, which are ongoing. This is a necessary transitional period while the Committee works out its internal responsibilities in individual positions, to meet the Governance requirements stipulated by Athletics Victoria and our responsibilities to the City Yarra.

Some of the challenges that we need to embrace into the future will be to continue to explore and promote our Social Media and enhance and improve our communication with both members and the wider community. We have already have had some new ideas that are being tested. One is improve the effectiveness of our committee by removing day-to-day business operations issues from agendas and allow the Executive to operate professionally. Another is to try a change to our Club Winter Races format, reducing the number of Club Runs in an attempt to consolidate attendance, and ensuring all courses are safe (off road).

These are exciting concepts, and while any change can be challenging and at times confronting, I believe that to continue to thrive as a Club, it is important to explore new ways of doing things as opportunities arise. The history of the Collingwood Harriers Athletic Club is extremely important to all members, old and new. The Club history will always be cherished by the Committee. I hope and trust that the newly appointed Committee will consider all new ideas on their merits, and continue to progress with enthusiasm and positivity.

Heather Gaunt
President Collingwood Harriers Athletic Club
27th April 2017

**Collingwood Harriers Athletic Club Inc
(Incorporating Kew-Camberwell Athletic Club)**

Statement of Income and Expenditure for year ended 31 March, 2017

INCOME	EXPENDITURE
Subscriptions (Harriers) \$12,990.00	AV Fees \$450.00
Athlete Race Entries (obsolete) \$0.00	Athlete Race Entries (obsolete) \$0.00
Uniform sales \$2,060.00	Relay Team Entries \$4,105.00
Hire of Facilities - CLAC \$0.00	Uniform Purchases \$3,356.00
Hire of Facilities VMA - Collingwood \$1,470.00	Ground Lease (COY) \$5,617.92
Permanent Club Room Bookings \$3,212.50	Facilities Caretaking \$5,479.00
Party/Event Bookings \$2,450.00	Parks Victoria + BBQ gas \$320.00
Field Sport Bookings \$2,980.00	Bond Return \$800.00
Hire of Facilities - Other \$21,732.06	
 <u>Donations</u>	
Anonymous Member \$40.00	 <u>Utilities</u>
	Electricity \$3,101.46
	Gas \$836.50
	Broadband/Phone \$796.19
	\$4,734.15
 <u>Maintenance & Equipment Contributions</u>	
Pole Vault Sales \$600.00	 <u>Improvements/Equipment</u>
Pole Vault Coaching/Equipment Use \$2,970.00	Poles - Pole Vault \$273.64
Schools Hurdles Hire \$600.00	Coaching Expenses \$3,988.00
Timing Gate Hire \$300.00	High Jump \$1,737.94
Kitchen/BBQ Hire \$600.00	Timing Gate Hire \$300.00
Richmond AC Facility Levy \$500.00	Club Room Furniture \$417.00
Pacific Islands Pole Vault Fund \$295.00	Gymnasium 2145.59
	Insurance (Tent & Trailer) \$390.00
	Facilities Cleaning \$4,626.80
	Other \$600.83
	\$14,480
 <u>Fundraising</u>	
Canteen proceeds 2015/16* \$3,000.00	Canteen Supplies \$779.91
Canteen proceeds 2016/17 \$1,188.10	Catering \$1,602.22
Bank interest – Cash mgmt \$6.14	Awards/Trophies \$3,698.60
Bank interest – Term deposit \$1,665.94	Bank Charges \$86.05
 <u>TOTAL</u> \$58,659.74	Office Supplies/Postage \$1,202.46
 Transaction Account \$3,745.98	 <u>TOTAL</u> \$46,711.11
Term Deposit \$70,000.00	
 Bank Balance 31st March 2016 \$73,745.98	
	Transaction Account \$14,028.67
	Term Deposit \$71,665.94
	Bank Balance 31st March 2017 85,694.61
	132,405.72
	132,405.72
 <u>Funds on Hand 31st March 2017</u>	
Fred Lester Assistance Fund \$2,925.00	
Track Maintenance Fund \$5,500.00	
Collingwood Harriers \$77,269.61	

* Fundraising has been amalgamated into CHAC Treasury. Proceeds from 2015/16 were not banked until 2016/17

Audited and found correct

Sofie Fabre
Treasurer

Terry Lanham F.I.P.A.
Honorary Auditor

Summer Report 2015/16 Track and Field Season

Collingwood had 10 teams competing in the Athletics Victoria shield competition this year. Of these teams, Collingwood's Men's Open, Women's 40+, Women's U16 and Women's U14 made it through to the Shield Finals. Throughout the season there were some outstanding performances with new Club Records and Personal Bests. However, it remains a challenge for the club to build our participation over the summer track and field competition.

Thanks to all of those who competed across the summer track season for the club and also to the great volunteers who gave up their time over summer to assist with duties.

Winter report: XCR'16

Collingwood had many good results in the XCR'16 season. Despite various family commitments, injuries, etc., that reduced our pool of talent at some events, we had little trouble fielding quality teams for every round, demonstrating our depth in distance running. There were many outstanding individual performances, but a special mention must be made of Virginia Moloney winning the Athletics Victoria Trophy for Female 15km Road Champion and Marion Patterson Trophy for Female Marathon Champion and crowning an impressive season with the awarding of the George Saunders Trophy for Champion Female Winter Athlete.

Divisional placings for XCR' 2016:

Men

Premier Division	6 th place
Division 2	9 th place
Division 3	9 th place
Division 4	7 th place
Division 5	2 nd place
Division 6	4 th place
Division 7	6 th and 17 th place
40+	3rd place
50+	7 th place

Women

Premier Division	7 th place
Division 3	10 th place
Division 4	3 rd place
Division 5	29 th place
40+	10 th place
U18	8 th place
U16	3 rd place
U14	3rd place

Congratulations to everyone involved in XCR for 2016. Every single member and their friends and family have contributed in some way to the above results, whether it's achieving personal bests, enjoying a trot around the park or supporting and being part of our great club culture. The Collingwood team spirit is forever evident post race, when we share a laugh or condolences in the Taj, celebrating achievement and effort at all levels of competition.

COLLINGWOOD HARRIERS ATHLETIC CLUB Inc.
Incorporating Kew Camberwell Athletic Club

HONOUR ROLL
OLYMPIC REPRESENTATIVES

1948 George KNOTT	10 K Track Walk.
1956 Wes BALODIS	Discus.
1964 Bob GARDINER	20 K & 50 K Walks.
1968 Bob GARDINER	20 K & 50 K Walks.
1972 Bob GARDINER	20 K & 50 K Walks.
1972 Ray BOYD	Pole Vault.
1976 Ray BOYD	Pole Vault.
2012 Josh ROSS	4 X 100 m Relay
2012 Jack SWIFT	400 m & 4 X 100 m Relay (Paralympics)

WORLD MASTERS CHAMPIONSHIPS PERTH 2016

GOLD

Michelle LAUFER	45-49	5000 Metres Walk 10000 Metres Walk 20000 Metres Walk
Stuart KOLLMORGEN	45-49	10000 Metres Walk
Bob GARDINER	80-84	10000 Metres Walk

SILVER

Stuart KOLLMORGEN	45-49	5000 Metres Walk
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BRONZE

Stuart KOLLMORGEN	45-49	20000 Metres Walk
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AUSTRALIAN CHAMPIONSHIP MEDALLISTS

GOLD

Virginia MOLONEY	Open	10,000 Metres Cross-Country Championship
	Open	Marathon
Adam GARGANIS	Open	20,000 Metres Road Walking Championship

SILVER

Virginia MOLONEY Open Half Marathon

VICTORIAN CHAMPIONSHIP MEDALLISTS**GOLD**

Virginia MOLONEY	Open	15,000 Metres Road Championship
	Open	10,000 Metres Road Championship
	Open	Half Marathon
	Open	Marathon

Liam DELANY	40-44	Masters 8k Cross Country Championship
		Masters 5000 Metres Track

Adam GARGANIS	Open	30k Road Walking Championship
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Chiara SANTIGLIA)		
Mia ROUX)	Under 14	4 x 400 Metres Relay
Simone MAILLARDET)		
Zoe CORNELL)		

Lucy LEUTCHFORD)		
Sunny SPENCER)	Under 16	4 x 400 Metres Relay
Ellie McKENZIE)		
Amy CORNELL)		

Lucy LEUTCHFORD)		
Sunny SPENCER)	Under 18	4 x 800 Metres Relay
Simone MAILLARDET)		
Amy CORNELL)		

Dale CARROLL	Under 20	3000 Metres Steeplechase
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Claudia CAMERON	Under 14	Triple Jump
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Chiara SANTIGLIA	Under 14	400 Metres
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Claire NOONAN	Under 14	3000 Metres Walk
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Isabella SIMONELLI	Under 17	Hammer
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Michelle LAUFER	45-49	Masters 3000m Walk
		Masters 1500m Walk

Pramesh PRASAD	40-44	Masters 3000m Walk
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David SMYTH	45-49	Masters 3000m Walk Masters 1500m Walk
Bob GARDINER	80-84	Masters 3000m Walk
Chris BOYLEN	50-54	Masters Pole Vault
Paul TWINING	65-69	Masters 5000 Metres
Justin HAWKINS	40-44	Masters Hammer Masters Shot Put Masters Weight Throw
Paul SKIPPER	45-49	Masters 400m Hurdles
Troy KAMEME	30-34	Masters Hammer Masters Long Jump Masters Javelin Masters Triple Jump Masters Weight Throw Masters Pole Vault

SILVER

Simone MAILLARDET)		
Zoe CORNELL)	Under 14	3 x 3k Cross Country Relay
Mia ROUX)		
Simone MAILLARDET	Under 14	2k Cross Country Championship 3000 Metres Track
Virginia MOLONEY	Open	10k Cross Country Championship
Simone MAILLARDET)		
Zoe CORNELL)	Under 14	3 x 3.1k Road Relay
Mia ROUX)		
Stuart KOLLMORGEN)		
Prames PRASAD)	Open	5000 Metres Team Road Walk
David SMYTH)		
Virginia MOLONEY	Open	5000 Metres Track
Emily NOONAN	Under 18	5000 Metres Walk
Erin RUSIC	Under 18	Pole Vault

Isabella SIMONELLI	Under 17	Discus
	Under 17	Javelin
Ellie McKENZIE	Under 16	Pole Vault
Tomas FEDELE	Under 18	110m Hurdles
Lucy LEUTCHFORD	Under 16	400 Metres
Tom DAWSON	Under 17	Hammer
Adam GARGANIS	Open	5000 Metres Walk
Chloe JACOBI	Under 15	High Jump
Scott LOVELL	50-54	Masters Discus Masters Javelin
Joanne JONES	45-49	Masters Pole Vault
Jim HOPKINS	65-69	Masters 5000 Metres
Eugene NEMESI	40-44	Javelin
BRONZE		
Amy CORNELL)		
Lucy LEUTCHFORD)	Under 16	3 x 3k Cross Country Relay
Sunny SPENCER)		
Simone MAILLARDET	Under 14	2k Cross Country Championship
	Under 14	5k Road Championship
	Under 15	1500 Metres Track Championship
Virginia MOLONEY	Open	6k Cross Country Championship 8k Cross Country Championship
Lucy LEUTCHFORD)		
Sunny SPENCER)	Under 16	Ekiden Relay
Tiffiny ARGYROPOULOS)		
Elena MITCHELL	Under 20	Pole Vault
Sunny SPENCER	Under 16	400 Metres 800 Metres
Tomas FEDELE	Under 18	400 Metres Hurdles

Jampel FRANCISCO	Under 17	400 Metres Hurdles
Claire NOONAN	Under 14	Hammer
Justin HAWKINS	40-44	Masters Javelin
Scott LOVELL	50-54	Masters Pole Vault
Troy KAMEME	30-34	Masters Discus

CLUB AWARDS**100 YARDS CHAMPIONSHIP**

Tomas FEDELE Ellie McKENZIE

5 MILE CROSS COUNTRY CHAMPIONSHIP

Jai EDMONDS Amy CORNELL

ROBERT HENDY WINTER POINTS AWARD

Doug LEUTCHFORD

MAGNUS MICHELSSON WINTER POINTS AWARD

Sunny SPENCER

W.S. TUNALEY J.P. DECATHLON CHAMPION

Nick ROSA

ALBY SARGENT AWARD

Best Performance by Junior in Club 100 Yards Championship

Tomas FEDELE

OTHER NOTABLE ACHIEVEMENTS BY COLLINGWOOD HARRIERS

Adam GARGANIS	Australian Team Junior World Championships Australian Team Junior Walk Team Event Victorian Road Walking Team
Virginia MOLONEY	Australian Cross Country Team – World Championships Victorian Half Marathon Team Victorian Cross Country Team Victorian Marathon Team
Tim BRYANT	Victorian Half Marathon Team
Matthew NEWTON	Victorian U/20 Cross Country Team
Dale CARROLL	Victorian U/18 Cross Country Team
Simone MAILLARDET	Victorian U/13 Cross Country Team
Wolfgang COTRA NEMESI	Victorian U/12 Cross Country Team Gold Medal Victorian Primary Schools' 800 Metres
Mia DEVERELL	Victorian Record 45-49 Masters 80 Metres Hurdles
Ellie McKENZIE	Victorian Under 15 Football (Aussie Rules) Teamand All Australian Team
Amy CORNELL	Victorian Under 16 Modern Pentathlon Champion

CLUB RECORDS SET DURING 2016-2017

Name(s)	Age	Event	Perf.	Date	Previous	Perf	Date
Virginia Moloney	Open	Half Marathon	72:25	2/07/16	S. Michelsson	72:31	25/02/01
Adam Garganis	Open	10,000m Walk	42:22.96	23/07/16	G. Knott	42:51.0	22/05/48
Adam Garganis	U/20	10,000m Walk	42:22.96	23/07/16	A. Garganis	43:13.24	8/03/16
Ellie McKenzie	U/16	Heptathlon	3507pts	24-25/09/16	D. Maynard	3499pts	13/01/86
Isabella Simonelli	U/16	Hammer	47.38m	8/10/16	L. Wright	32.	
Ellie McKenzie	U/16	200m Hurdles	32.35	8/10/16	O. Carah	15.20	10/02/13
Isabella Simonelli	U/16/18	Shot Put	12.35m	8/10/16	Vacant (3k)		
Isabella Simonelli	U/16/18	Discus 20/Open	36.54m	15/10/16	T. Tatarskyj	32.28m	/11/90
Chiara Santiglia)				R. Corney		
Ellie McKenzie) U/16	4x100m	53.50	15/10/16	H. McAdam	53.58	8/12/11
Isabella Simonella) U/18	Relay			L. Dodd		
Lucy Leutchford)				K. Bradley		
Isabella Simonelli	U/16/18	Javelin	32.90m	15/10/16	J. Milner	31.80m	15/11/80
Virginia Moloney	Open	Marathon	2:34:27	16/10/16	V. Moloney	2:41:35	18/10/15
Ellie Mc Kenzie	U/16	90m Hurdles	14.41	29/10/16	E. McKenzie	15.46	15/10/16
Isabella Simonelli	U/16/18	Discus 20/Open	40.30m	29/10/16	I. Simonelli	36.54m	15/10/16
Melinda Story	45-49	Discus	24.32m	29/10/16	M. Story	22.37m	24/01/16
Simone Maillardet	U14-U/20	1500m	4:56.2	29/10/16	A. Cornell	4:56.3	22/11/15
Chiara Santiglia)				C. Santiglia		
Chloe Jacobi) U/16	4 x 100m	52.37	29/10/16	E. Mc Kenzie	53.50	15/10/16
Isabella Simonelli) U/18	Relay			I. Simonelli		
Ellie McKenzie)				L. Leutchford		
Isabella Simonelli	U/16/18	Javelin	37.73m	29/10/16	I. Simonelli	32.90m	15/10/16
Simone Maillardet	U/14/16/18/20	3000m	10:33.51	10/11/16	M. Gaunt	11:00.3	15/10/11
Melissa Vandewater	35-39	3000m	10:47.15	10/11/16	A. Van Rooyen	11:30.5	10/02/07
Melissa Vandewater	35-39	800m	2:28.89	12/11/16	S. Payne	2:39.6	2/11/13
Chloe Jacobi	U/14	= High Jump	1.60m	12/11/16	J. Forrest	1.60m	1982
					E. Ingram		1983

					Z. McWhinney L. Dodd	29/11/08 6/03/10
Lucy Leutchford	U/16	400m	59.63	20/11/16	H. McAdam	60.59 25/02/12
Lucy Leutchford)					Chiara Santiglia	
Sunny Spencer)	U/16/18	4x400m Relay	4:13.25	26/11/16	Ellie McKenzie	4:14.80 28/11/15
Ellie McKenzie)	/20/Open				Mia Roux	
Amy Cornell)					Lucy Leutchford	
Chiara Santiglia)					Chiara Santiglia	
Mia Roux)	U/14	4x400m Relay	4:13.40	26/11/16	Ellie McKenzie	4:14.80 28/11/15
Simone Maillardet)					Mia Roux	
Zoe Cornell)					Lucy Leutchford	
Lucy Leutchford)					Lucy Leutchford)	
Sunny Spencer)	U/16/18	4x400m Relay	4:04.76	26/11/16	Sunny Spencer)	4:13.25 26/11/16
Ellie McKenzie)) /20/Open				Ellie McKenzie)	
Amy Cornell)					Amy Cornell)	
Lucy Leutchford)					Vacant	
Sunny Spencer)	U/16/18	4x800m Relay	9:37.35	26/11/16		
Simone Maillardet)	/20/Open					
Amy Cornell)						
Adam Garganis	U/20	3000m walk	12:22.3	3/12/16	A. Garganis	12:28.43 9/01/16
Bob Gardiner	80-84	3000m walk	20:01.6	3/12/16	B. Gardiner	21:13.6 20/11/16
Ellie McKenzie	U/16	200m hurdles	30.87	3/12/16	E. McKenzie	32.35 8/10/16
Simone Maillardet	U/14-20	1500m	4:53.44	10/12/16	S. Maillardet	4:56.2 29/10/16
Sunny Spencer	U/16	400m	59.20	7/01/17	L. Leutchford	59.63 20/11/16
Dale Carroll	U/18	1500m	4:02.1	19/01/17	B. Crooks	4:03.7 14/12/71
Ellie McKenzie	U/16	90m Hurdles	14.25	21/01/17	E. McKenzie	14.41 29/10/16
Dale Carroll	U/18/20	3000m	8:45.3	7/02/17	J. Harris	8:54.5 11/11/06
Liam Delany	40-44	3000m	9:25.0	7/02/17	M. Campbell	9:55.3 2/11/13
Simone Maillardet	U/14/16/18/20	3000m	10:24.0	7/02/17	S. Maillardet	10:33.51 10/11/16
Nicolette Lesberg	30-35	3000m	10:27.3	7/02/17	Vacant	
Isabella Simonelli	U/18/20/Open	Discus	42.56m	12/02/17	I. Simonelli	
Sunny Spencer	U/16/18/20/Open	800m	2:15.6	16/02/17	L. Leutchford	2:18.69 12/03/16
Ace Buck	U/16	800m	2:00.2	16/02/17	J. McCormick	2:00.7 11/10/10
Simone Maillardet	U/14	1 Mile	5:17.8	16/02/17	L. Leutchford	5:37.75 26/02/15
Simone Maillardet	U/16/18/20	1 Mile	5:17.8	16/02/17	A. Cornell	5:29.30 16/02/16
Dale Carroll	U/18	1 Mile	4:26.8	16/02/17	B. Ballard	4:29.3 7/12/68

Nicolette Lesberg	30-34	1 Mile	5:25.0	16/02/17	A. Van Rooyen	5:55.97	6/02/05
Ellie McKenzie	U/16	90m Hurdles	14.13	25/02/17	E. McKenzie	14.41	29/10/16
Dale Carroll	U/18	3000m Steeple	9:33.45	25/02/17	I. Minter	9:56.0	18/03/67
Tomas Fedele	U/18	110m Hurdles	15.16	26/02/17	T. Fedele	15.50	22/01/17
Ellie McKenzie	U/16	90m Hurdles	14:00	26/02/17	E. McKenzie	14/13	25/02/17
Simone Maillardet	U/14/16/18/20	1500m	4:45.24	26/02/17	S. Maillardet	4:53.54	10/12/16
Lucy Leutchford	U/16	400m	58.38	26/02/17	S. Spencer	59.20	7/01/17
Isabella Simonelli	U/18	Shot Put	12.78m	3/03/17	I. Simonelli	12.35m	8/10/16
Chloe Jacobi	U/14	High Jump	1.66m	4/03/17	J. Forrest E. Ingram Z. McWhinney L. Dodd C. Jacobi	1.60m 1983 29/11/08 6/03/10 12/11/17	1982
Chiara Santiglia	U/14	200m	26.54	4/03/17	A. Carmichael	27.40	23/11/14
Claire Noonan	U/14	Hammer	23.49m	5/03/17	E. McKenzie	23.22m	30/01/16
Chiara Santiglia	U/14	200m	26.43	5/03/17	C. Santiglia	23.54	4/03/17
Sunny Spencer	U/16/18/20/Open	800m	2:13.64	5/03/17	S. Spencer	2:15.6	16/02/17
Isabella Simonelli	U/18	Shot Put	13.15m	27/03/17	I. Simonelli	12.78m	3/03/17
Claire Noonan	U/14	Hammer	24.68m	29/03/17	C. Noonan	23.49m	5/03/17
Chiara Santiglia	U/14	200m	26.04	30/03/17	C. Santiglia	26.43	5/03/17

Rankings 2016-2017

MEN

Competitor	Age Group	Perf.	Date	Comp.	Best 13/14
100 Metres					
Lachie White	U/20	11.90	w/a	15/10/16	Shield 11.95
Daniel Cobern	Open	11.76		12/03/17	Shield Final
Tim Amanatidis	Open	12.19		15/10/16	Shield 12.39
Nick Rosa	Open	12.3	w/a	24/09/16	Magpie Multies 12.76
Dylan Epifano	U/16	12.32	w/a	15/10/16	Shield 12.58
Marlon Bargh	U/18	12.60		20/11/16	Shield 13.40
Alex Kokkinos	40-44	12.83		29/10/16	Shield
Jack Sayer	U/18	12.84		29/10/16	Shield 13.37
Chris Boylen	50-54	12.9		24/09/16	Magpie Multies 13.32
Troy Kameme	Open	12.91		29/10/16	Shield 13.4
Ryan Lovell	U/16	13.10		29/10/6	Shield
Dale Carroll	U/18	13.14		21/01/17	Shield
Paul Skipper	45-49	13.17		15/10/16	Shield 12.92
Ryan Lovell	U/16	13.24		7/01/17	Shield
Justin Hawkins	40-44	13.4		24/09/16	Magpie Multies 13.3
Jesse Frost	U/20	13.07		7/01/17	Shield 13.12
Tom Dawson	U/16	13.44		15/10/16	Shield
Scott Lovell	50-54	13.8		24/09/16	Magpie Multies 14.0
Guy Fricke	U/14	14.14		7/01/17	Shield
Lachlan Sayer	U/16	14.40		29/10/16	Shield 16.28
Peter Gaunt	50-54	14.40		7/01/17	Shield
Wolfgang Cotta Nemesi	U/14	15.44		21/01/17	
Shield					
Curtis O'Keeffe	U/14	16.90		20/11/16	Shield
Jim Sayer	45-49	20.17	w/a	15/10/16	Shield 14.28

4 x 100 Metres Relay

46.70	Open	A. Ovens, L. White, B. White, N. Rosa	29/10/16	Shield
47.13	Open	L. White, B. White, T. Amanatidis, N. Rosa	15/10/16	Shield
48.57	Open	T. Amanatidis, N. Rosa, J. Frost, M. Barnes	10/12/16	Shield
48.93	Open	T. Amanatidis, L. White, L. White, N. Rosa	12/02/17	Shield Final
49.16	Open	L. White, D. Roberts, B. White, M. Whitehead	21/01/17	Shield
50.04	40+	E. Nemesi, J. Hawkins, S. Lovell, P. Skipper,	21/01/17	Shield
51.58	Open	T. Kameme, N. Rosa, P. Gaunt(40), J. Frost	20/11/16	Shield
51.80	Open	A. Ovens, T. Kameme, M. Barnes, J. Barnes	7/01/17	Shield
52.10	U/18	J. Sayer, T. Dawson(16), J. Tierney(16), R. Lovell(16)	15/10/16	Shield
52.21	40+	P. Skipper, B. Maloney, J. Sayer, J. Hawkins	10/12/16	Shield
55.19	40+	P. Skipper, E. Nemesi, C. Boylen, P. Viney	15/10/16	Shield
58.64	40+	S. Lovell, E Nemesi, J. Hopkins, C. Boylen	7/01/17	Shield

200 Metres

Nick Rosa	Open	25.33	3/12/16	Shield	26.38
Dylan Epifano	U/16	25.38	8/10/16	Shield	25.25
Mason Barnes	Open	25.70	15/12/16	Shield	
Alex Kokkinos	40-44	26.04	3/12/16	Shield	
Tim Amanatidis	Open	26.17	3/12/16	Shield	

Jesse Frost	U/20	26.45	8/10/16	Shield	26.62
Marlon Bargh	U/18	26.50	15/12/16	Shield	26.37
Troy Kameme	Open	26.65	8/10/16	Shield	26.85
Paul Skipper	40-44	27.02	15/12/16	Shield	25.98
Tom Dawson	U/16	27.77	8/10/16	Shield	
Josh Tram	U/14	29.2	25/09/16	Magpie Multies	
Guy Fricke	U/14	30.0	25/09/16	Magpie Multies	
Justin Hawkins	40-44	30.12	3/12/16	Shield	
Eigene Nemesi	40-44	30.54	14/01/17	Shield	
Scott Lovell	50-54	30.69	8/10/16	Shield	30.07
Wolfgang Cotra Nemesi	U/14	30.7	25/09/16	Magpie Multies	
Ryan Lovell	U/16	34.75	8/10/16	Shield	28.12

4 x 200m Relay

1:46.4	Open	N. Rosa, M. Barnes, J. Barnes, J. Frost	8/10/16	Shield
1:46.97	Open	J. Frost, J. Barnes, T. Kameme, A. Garganis	15/12/16	Shield
1:56.91	U/16	J. Tierney, J. Tram(14), W. Cotra-Nemesi(14), D. Epifano	8/10/16	Shield
1:59.3	40+	P. Gaunt, S. Lovell, E. Nemesi, J. Hawkins	8/10/16	Shield
2:24.24*	40+	P. Skipper, J. Hawkins, B. Maloney, J. Sayer	15/12/16	Shield

* runner injured

400 Metres

Mason Barnes	Open	53.50	21/01/17	Shield	55.06
Ben White	U/20	53.50	21/01/17	Shield	53.09
Michael Whitehead	Open	55.30	21/01/17	Shield	
Jack Sayer	U/18	55.54	10/12/16	Shield	59.50
Ace Buck	U/16	56.00	21/01/17	Shield	55.90
Jacob Barnes	Open	56.48	7/01/17	Shield	
Lachie White	U/20	56.80	21/01/17	Shield	54.99
Paul Skipper	40-44	57.52	15/10/16	Shield	57.14
Jesse Frost	U/20	58.10	21/01/17	Shield	
Jackson Tierney	U/16	58.51	15/10/16	Shield	62.12
Nick Rosa	Open	59.0	24/09/16	Magpie Multies	
Brett Maloney	40-44	59.73	20/11/16	Shield	
Tom Dawson	U/16	60.83	29/10/16	Shield	
Josh Tram	U/14	61.48	24/02/17	Vic Champs	
Lachlan Sayer	U/16	62.55	20/11/16	Shield	73.72
Tom Dawson	U/16	63.29	15/10/16	Shield	
Jim Sayer	45-49	64.73	20/11/16	Shield	65.70
Adam Garganis	U/20	65.43	15/10/16	Shield	
Eugene Nemesi	40-44	64.90	21/01/17	Shield	
Wolfgang Cotra-Nemesi	U/14	66.33	15/10/16	Shield	
Troy Kameme	Open	67.1	24/09/16	Magpie Multies	62.9
Scott Lovell	50-54	71.1	24/09/16	Magpie Multies	68.9

4 x 400 Metres Relay

3:53.01	Open	J. Barnes, M. Barnes, M. Newton, T. Kameme	15/01/17	Shield
3:57.17	Open	N. Rosa, J. Barnes, M. Barnes, J. Frost	3/12/16	Shield
4:10.94	40+	P. Skipper, E. Nemesi, D. Leutchford, B. Maloney	12/11/16	Shield
4:26.85	Open	D. Roberts(20), J. Sayer(18), B. White(20), L. White(20)	12/11/16	Shield
4:28.79	U/16	D. Epifano, G. Fricke(14), C. O'Keeffe(14), T. Dawson	12/11/16	Shield

800 Metres

Dale Carroll	U/18	1:59.94	15/01/17	Shield	2:01.03
Ace Buck	U/16	2:00.2	16/02/17	Miler's Club	2:02.18
Jesse Frost	U/20	2:06.20	3/12/16	Shield	2:01.83
Jack Sayer	U/18	2:06.54	20/12/16	Milers Club	2:24.58
Ben White	U/20	2:06.88	12/11/16	Shield	1:56.04
Drew Roberts	U/20	2:07.50	12/11/16	Shield	2:07.05
Matthew Newton	U/20	2:07.87	3/12/16	Shield	2:03.58
Mason Barnes	Open	2:08.71	3/12/16	Shield	
Lachie White	U/20	2:10.82	12/11/16	Shield	2:02.06
Liam Delany	40-44	2:10.83	3/12/16	Shield	2:12.30
James Allery		2:14.19	10/11/16	Milers Club	
Jacob Barnes	Open	2:12.64	8/12/16	Shield	
Dylan Epifano	U/16	2:15.2	8/10/16	Shield	2:13.60
Jackson Tierney	U/16	2:15.33	8/10/16	Shield	2:13.90
Adam Garganis	U/20	2:18.16	8/12/16	Shield	
Paul Skipper	40-44	2:19.60	8/10/16	Shield	2:15.98
Wolfgang Cotra Nemesi	U/14	2:19.64	4/03/17	Vic Champs	
Tom Papagrigorio	U/16	2:20.27	15/01/17	Shield	
Josh Tram	U/14	2:21.18	4/03/17	Vic Champs	
Lachlan Sayer	U/16	2:24.4	7/02/17	Box Hill Classic	2:40.83
Eugene Nemesi	40-44	2:25.03	26/03/17	Vic Masters	
Jim Sayer	45-49	2:25.17	8/10/16	Shield	2:37.33
Tom Dawson	U/16	2:27.64	12/11/16	Shield	
Guy Fricke	U/14	2:30.02	12/11/16	Shield	
Troy Kameme	Open	2:33.83	8/10/16	Shield	
Brett Maloney	40-44	2:40.13	15/12/16	Shield	
Curtis O'Keeffe	U/14	2:42.72	12/11/16	Shield	
Scott Lovell	50-54	2:45.10	8/10/16	Shield	2:47.66

1500 Metres

Dale Carroll	U/18	4:02.1	19/10/16	Milers Club	4:10.10
Michael Whitehead	Open	4:06.6	29/01/17	Shield	
Ace Buck	U/16	4:12.2	21/01/17	Shield	5:18.6
Matthew Newton	U/20	4:18.25	24/02/17	Vic Champs	4:18.78
Tom Hall	U/20	4:16.7	10/11/16	Milers Club	4:24.06
Jesse Frost	U/20	4:23.91	10/12/16	Shield	4:16.3
Drew Roberts	U/20	4:24.3	29/10/16	Shield	4:45.1
Nikko Shaw	U/20	4:25.27	24/02/17	Vic Champs	
Ben White	U/18	4:28.9	12/02/17	Shield Final	4:12.9
Jacob Barnes	Open	4:45.8	12/02/17	Shield Final	
Jackson Tierney	U/16	4:48.2	15/10/16	Shield	4:46.80
Tom Papagrigorio	U/16	4:48.45	7/01/17	Shield	
Lachie White	U/18	4:48.9	12/02/17	Shield Final	4:34.2
Wolfgang Cotra-Nemesi	U/14	4:50.11	24/02/17	Vic Champs	
Paul Viney	50-54	4:59.4	19/01/17	Milers Club	
Eugene Nemesi	40-44	5:04.8	21/01/17	Shield	
Peter Gaunt	50-54	5:12.7	21/01/17	Shield	5:21.42
Dylan Epifano	U/16	5:15.9	29/10/16	Shield	
Brett Maloney	40-44	5:16.13	12/12/16	Shield	
Troy Kameme	Open	5:22.4	20/11/16	Shield	5:13.26
Nick Rosa	Open	5:23.0	25/09/16	Magpie Multies	
Lachlan Sayer	U/16	5:23.5	29/10/16	Shield	5:45.12
Jim Sayer		5:24.8	20/11/16	Shield	5:53.74
Doug Leutchford	50-54	5:42.6	29/10/16	Shield	5:49.5

Ryan Lovell	U/16	5:58.7	25/09/15	Magpie Multies
Scott Lovell	50-54	5:59.2	25/09/16	Magpie Multies
Curtis O'Keeffe	U/14	5:25.61	10/12/16	Shield
Jim Hopkins	65-69	6:22.6	21/01/17	Shield
Robert Maillardet	50-54	6:33.9	21/01/17	Shield

3000 Metres

Dale Carroll	U/18	8:45.3	7/02/17	Box Hill Classic	9:18.8
Simon Bevege	Open	8:53.79	10/11/16	Milers Club	
Liam Delany	40-44	9:08.61	10/11/16	Milers Club	
Tom Hall	U/20	9:11.89	10/11/16	Milers Club	9:58.09
Jackson Tierney	U/16	9:49.8	7/02/17	Box Hill Classic	10:26.69
Michael Oke		10:15.72	10/12/16	Shield	
Paul Viney	50-54	10:17.72	10/11/16	Milers Club	10:51.40
Tom Papagregorio	U/16	10:25.6	7/02/17	Box Hill Classic	
Peter Gaunt	50-54	10:44.23	10/12/16	Shield	10:46.60
Wolfgang Cotta-Nemesi	U/14	11:09.4	8/10/16	Shield	
Doug Leutchford	50-54	11:57.1	7/02/17	Box Hill Classic	12:53.9
Curtis O'Keeffe	U/14	12:01.5	12/11/16	Shield	
Susamu Miura		12:18.17	15/01/17	Shield	
Jim Hopkins	65-69	13:03.93	10/12/16	Shield	
Robert Maillardet		14:27.06	15/01/17	Shield	

5000 Metres

Tim Bryant		15:19.74	17/11/16	Vic Champs	15:35.9
Dale Carroll	U/20	15:29.89	4/03/17	Vic Champs	17:18.5
Liam Delany	35-39	15:52.33	17/11/16	Vic Champs	15:41.27
Tom Hall	U/20	16:05.5	15/12/16	Shield	16:51.50
Simon Bevege		16:13.05	17/11/16	Vic Champs	15:45.9
Matthew Newton	U/20	16:31.4	15/12/16	Shield	16:21.50
James Allery	Open	17:32.62	17/11/16	Vic Champs	
Adam Garganis	U/20	17:47.3	3/12/16	Shield	
Michael Oke	Open	17:58.41	17/11/16	Vic Champs	
Steve Simmons	35-39	18:17.43	17/11/16	Vic Champs	
Peter Gaunt	55-59	18:40.2	8/10/16	Shield	18:49.9
Andrew Evans		18:55.8	3/12/16	Shield	
Susumu Miura	50-54	20:35.1	8/10/16	Shield	20:29.2
Doug Leutchford	50-54	20:47.8	15/12/16	Shield	22:52.2
Troy Kameme	Open	21:39.9	3/12/16	Shield	
Jacob Barnes	Open	21:52.6	3/12/16	Shield	
Brett Maloney	40-44	22:05.8	12/11/16	Shield	
Jim Hopkins	65-69	22:23.28	26/03/17	Vic Masters	22:49.1
Mason Barnes	Open	23:46.3	3/12/16	Shield	

10,000Metres

Liam Delany	40-44	33:09.82	6/12/16	Zatopek
Peter Gaunt	55-59	39:23.07	6/12/16	Zatopek
Doug Leutchford	50-54	44:46.77	6/12/16	Zatopek

3000 Metres Steeplechase 91.4 cm

Dale Carroll	U/18	9:33.45	24/02/17	Vic Champs
Matthew Newton	U/20	10:00.22	24/02/17	Vic Champs
Jesse Frost	U/20	10:11.0	20/11/16	Shield

Tom Hall	U/20	10:25.08	12/02/17	Shield Final	
Jacob Barnes	U/20	11:07.24	12/02/17	Shield Final	13:35.6
Adam Garganis	U/20	11:46.8	29/10/16	Shield	
Nikko Shaw	U/20	11:51.2	29/10/16	Shield	

2000 Metres Steeplechase**91.4cm**

Jesse Frost	U/20	6:34.2	7/01/17	Shield	
Dale Carroll	U/18	6:36.8	15/10/16	Shield	
Matthew Newton	U/20	6:38.0	7/01/17	Shield	
Jacob Barnes	Open	7:17.0	7/01/17	Shield	

2000 Metres Steeplechase**76.2cm**

Curtis O'Keeffe	U/14	9:33.4	20/11/16	Shield	
Jim Hopkins	65-69	9:49.3	21/01/17	Shield	7/01/17

400 Metres Hurdles**91.4 cm**

Paul Skipper	40-44	66.31	26/03/17	Vic Masters	65.97
Troy Kameme	Open	76.17	3/12/16	Shield	87.35

400 Metres Hurdles**84 cm**

Tomas Fedele	U/18	57.27	4/03/17	Vic Champs	
Jampel Francisco	U/18	60.83	4/03/17	Vic Champs	

110 Metres Hurdles**106.7 cm**

Nick Rosa	U/20	21.3	25/09/16	Magpie Multies	22.94
Troy Kameme	Open	22.4	25/09/16	Magpie Multies	22.87

110 Metres Hurdles**91.4 cm**

Tomas Fedele	U/18	15.16	26/02/17	Vic Champs	15.71
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100 Metres Hurdles**91.0cm**

Scott Lovell	50-54	22.9	25/09/16	Magpie Multies	23.0
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100 Metres Hurdles**84.0 cm**

Ryan Lovell	U/16	25.4	24/09/16	Magpie Multies	
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1500 Metres Walk

Pramesh Prasad	40-44	6:42.08	26/03/17	Vic Masters	
David Smyth	45-49	7:13.13	26/03/17	Vic Masters	7:17.37

2000 Metres Walk

Adam Garganis	U/20	8:04.6	10/12/16	Shield	8:48.6
Pramesh Prasad	40-44	8:56.4	12/02/17	Shield Final	
Bob Gardiner	80-84	13:03.4	21/01/17	Shield	

3000 Metres Walk

Adam Garganis	U/20	12:22.3	3/12/16	Shield	12:28.43
Pramesh Prasad	40-44	13:31.8	3/12/16	Shield	
David Smyth	40-44	15:43.62	25/03/17	Vic Masters	15:23.00
Ross Reid	60-64	18:14.4	15/10/16	Shield	16:53.78
Bob Gardiner	80-84	19:53.29	15/01/17	Shield	18:45.60

5000 Metres Walk

Adam Garganis	U/20	21:16.31	3/03/17	Vic Champs	21:24.90
Pramesh Prasad	40-44	24:07.78	3/03/17	Vic Champs	
David Smyth	50-54	27:53.27	3/03/17	Vic Champs	27:29.66

10,000 Metres Walk

Stuart Kollmorgen	45-49	49:008.0	World Masters
Pramesh Prasad	40-44	49:23.0	World Masters
Bob Gardiner	80-64	70:33.0	World Masters

Shot Put7.26kg

Justin Hawkins	40-44	10.26m	3/12/16	Shield	9.92m
Nick Rosa	Open	8.91m	24/09/14	Magpie Multies	9.23m
Troy Kameme	Open	8.46m	15/01/17	Shield	7.97m
Adam Garganis	U/20	7.84m	3/12/16	Shield	7.61m
Eugene Nemesi	40-44	7.55m	15/12/16	Shield	
Tim Amanatidis	Open	7.38m	3/12/16	Shield	

Shot Put6.00kg

Chris Boylen	50-54	8.80m	24/09/16	Magpie Multies	9.05m
Adam Garganis	U/20	8.73m	12/11/16	Shield	
Scott Lovell	50-54	7.32m	8/10/16	Shield	8.40m
Jim Sayer		6.83m	12/11/16	Shield	

Shot Put4.00kg

Tom Dawson	U/16	11.44m	15/12/16	Shield	
Ryan Lovell	U/16	7.12m	24/09/16	Magpies Multies	6.99m

Shot Put3.00kg

Wolfgang Cotra Nemesi	U/14	6.50m	25/09/16	Magpie Multies	
Guy Fricke	U/14	6.43m	25/09/16	Magpie Multies	
Josh Tram	U/14	6.24m	25/09/16	Magpie Multies	

Discus 2.00kg

Ash Ovens 28.74m	Open	36.04m	21/01/17	Shield	
Justin Hawkins	40-44	31.82m	21/01/17	Shield	30.22m
Troy Kameme	Open	30.22m	15/10/16	Shield	26.33m
Adam Garganis	U/20	24.56m	15/10/16	Shield	19.52m
Nick Rosa	Open	24.33m	25/09/16	Magpie Multies	

Tim Amanatidis	Open	27.83m	21/01/17	Shield	21.94m
Eugene Nemesi	40-44	23.68m	26/03/17	Vic Masters	

Discus 1.5kg

Scott Lovell	50-54	23.63m	7/01/17	Shield	23.17m
Chris Boylen	50-54	18.39m	20/11/16	Shield	23.73m

Discus 1.00kg

Tom Dawson	U/16	36.61m	29/10/16	Shield	
Ryan Lovell	U/16	25.02m	29/10/16	Shield	20.42m
Wolfgang Cotra-Nemesi	U/14	17.76m	7/01/17	Shield	
Guy Fricke	U/14	15.68m	7/07/17	Shield	

Javelin 800g

Ash Ovens	Open	46.90m	12/02/17	Shield Final	46.37m
Troy Kameme	Open	43.60m	7/01/17	Shield	41.86m
Nick Rosa	Open	41.31m	29/10/16	Shield	36.57m
Adam Garganis	U/20	38.07m	15/10/16	Shield	35.72m
Eugene Nemesi	40-44	32.28m	26/03/17	Vic Masters	
Justin Hawkins	40-44	29.53m	26/03/17	Vic Masters	28.78m

Javelin 700g

Ryan Lovell	U/16	30.17m	7/01/17	Shield	19.44m
Scott Lovell	50-54	29.85m	7/01/17	Shield	26.66m
Chris Boylen	50-54	29.44m	20/11/16	Shield	30.54m
Tom Dawson	U/16	24.65m	29/10/16	Shield	

Javelin 600g

Wolfgang Cotra-Nemesi	U/14	11.80m	15/10/16	Shield	
Josh Tram	U/14	8.17m	15/10/16	Shield	

Hammer 7.26kg

Justin Hawkins	40-44	35.60m	3/12/16	Shield	34.16m
Troy Kameme	Open	31.65m	8/10/16	Shield	28.28m
Nick Rosa	Open	22.36m	8/10/16	Shield	23.44m
Adam Garganis	U/20	20.60m	8/10/16	Shield	
Tim Amanatidis	Open	19.04m	3/12/16	Shield	

Hammer 6.0kg

Chris Boylen	50-54	26.80m	8/10/16	Shield	25.61m
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Hammer 5.0kg

Tom Dawson	U16	46.79m	3/03/17	Vic Champs	
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Hammer 4.0kg

Tom Dawson	U/16	42.50m	12/11/16	Shield	
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High Jump

Daniel Cobern	Open	1.95m	8/10/16	Shield	2.06m
Troy Kameme	Open	1.60m	8/10/16	Shield	1.55m
Nick Rosa	Open	1.60m	3/12/16	Shield	1.60m
Chris Boylen	50-54	1.55m	8/10/16	Shield	1.56m
Jesse Frost	U/20	1.50m	8/10/16	Shield	
Nikko Shaw	U/20	1.45m	3/12/16	Shied	
Ryan Lovell	U/16	1.38m	24/09/16	Magpie Multies	1.34m
Josh Tram	U/16	1.33m	25/09/16	Magpie Multies	
Wolfgang Cotra Nemesi	U/14	1.30m	25/09/15	Magpie Multies	
Scott Lovell	50-54	1.25m	8/10/16	Shield	1.30m
Guy Fricke	U/15	1.15m	25/09/16	Magpie Multies	

Long Jump

Ashley Ovens	Open	6.88m	21/01/17	Shield	6.74m
Daniel Cobern	Open	5.91m	21/01/17	Shield	
Marlon Bargh	U/18	5.75m	20/11/16	Shield	5.51m
Troy Kameme	Open	5.35m	24/09/16	Magpie Multies	5.53m
Nick Rosa	Open	5.22m	12/02/17	Shield Final	5.18m
Adam Garganis	U/20	5.20m	29/10/16	Shield	
Chris Boylen	50-54	5.19m	7/01/17	Shield	5.34m
Nikko Shaw	U/20	5.07m	15/10/16	Shield	
Ryan Lovell	U/16	4.91m	25/09/16	Magpie Multies	
Jesse Frost	U/20	4.43m	21/01/17	Shield	
Josh Tram	U/14	4.17m	15/10/16	Shield	
Wolfgang Cotra-Nemesi	U/14	4.26m	7/01/17	Shield	
Guy Fricke	U/14	4.26m	7/01/17	Shield	
Justin Hawkins	40-44	4.07m	20/11/16	Shield	4.10m
Scott Lovell	50-54	3.73m	24/09/16	Magpie Multies	3.82m

Triple Jump

Marlon Bargh	U/16	12.07m	15/12/16	Shield	12.26m
Troy Kameme	Open	11.43m	8/10/16	Shield	11.10m
Adam Garganis	Open	11.60m	15/12/16	Shield	
Nick Rosa	Open	10.95m	12/11/16	Shield	11.32m
Andrew Evans		10.20m	3/12/16	Shield	
Wolfgang Cotra Nemesi	U/14	9.12m	8/10/16	Shield	
Ryan Lovell	U/16	7.81m	8/10/16	Shield	9.72m
Justin Hawkins	40-44	7.61m	12/11/16	Shield	

Pole Vault

Nick Rosa	Open	4.00m	29/10/16	Shield	3.55m
Adam Garganis	U/20	3.70m	15/10/16	Shield	3.70m
Tim Amanatidis	Open	3.70m	2/03/17	Rare Air	4.15m
Chris Boylen	50-54	3.70m	2/03/17	Rare Air	3.70m
Troy Kameme	Open	3.55m	29/10/16	Shield	3.30m
Scott Lovell	50-54	2.10m	25/09/16	Magpie Multies	2.10m
Justin Hawkins	40-44	1.90m	20/11/16	Shield	2.10m
Jesse Frost	U/20	1.90m	21/01/17	Shield	

WOMEN

Competitor	Age Group	Perf.	Date	Competition	Best 15/16
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100 Metres

Corinna Minko	Open	12.59	20/11/16	Shield	12.45
Ellie McKenzie	U/16	12.92	12/02/17	Shield Final	13.13
Chloe Jacobi	U/14	13.32	20/11/16	Shield	
Chiara Santaglia	U/14	13.34	15/10/16	Shield	13.58
Maddy Sacchetta	U/18	13.48	20/11/16	Shield	13.60
Tiffiny Argyropoulos	U/16	13.53	29/10/16	Shield	13.72
Elena Mitchell	U/18	13.69	20/11/16	Shield	13.71
Rebekah Corney	U/20	13.80	20/11/16	Shield	13.86
Emily Williams	U/18	13.91	15/10/16	Shield	14.09
Natalie Botta	U/16	14.06	12/02/17	Shield Final	
Isabella Simonelli	U/16	14.21	12/02/17	Shield Final	
Rani Burns	U/	14.73	29/10/16	Shield	
Steph Jones	U/16	15.21	w/a	15/10/16	Shield
Emily Newton	U/18	15.31	w/a	15/10/16	Shield
Erin Rusic	U/18	15.31	29/10/16	Shield	
Evie Rosa	U/18	15.42	20/11/16	Shield	15.31
Zoe Cornell	U/14	16.16	21/01/17	Shield	
Jessica Newton	Open	16.19	7/01/17	Shield	
Kirralee Radford	40-44	16.35	21/01/17	Shield	16.16
Melinda Story	45-49	17.04	15/10/16	Shield	17.40
Claire Noonan	U/14	17.26	20/11/16	Shield	17.71
Emily Noonan	U/18	17.64	21/01/17	Shield	15.60
Sofie Fabre	45-49	18.17	15/10/16	Shield	

4 x 100 Metres Relay

52.35	U/16	C. Santiglia(14), C. Jacobi(14), I. Simonelli, E. Mc Kenzie	29/10/16	Shield
53.50	U/16	E. McKenzie, C. Santiglia(14), I. Simonelli, L. Leutchford	15/10/16	Shield
53.53	U/14	C. Santiglia, C. Jacobi, S. Maillardet, M. Roux	12/02/17	Shield Final
53.84	U/16	E. McKenzie, T. Argyropoulos, S. Spencer, L. Leutchford	12/02/17	Shield Final
54.52	U/16	T. Argyropoulos, E. McKenzie, I. Simonelli, A. Cornell	21/01/17	Shield
56.38	Open	E. Mitchell(20), R. Burns(18), I. Simonelli(16), E. Rosa(18)	20/11/16	Shield
56.72	Open	M. Nardi, J. Newton, E. Mitchell, R. Corney	21/01/17	Shield
56.97	U/14	C. Santiglia, C. Jacobi, S. Maillardet, Z. Cornell	21/01/17	Shield
57.24	U/16	I. Simonelli, Z. Cornell(14), A. Cornell, E. McKenzie	7/01/17	Shield
60.09	U/18	M Sacchetta, E. Newton, E. Rosa, E. Rusic	21/01/17	Shield
68.20	Open	H. Garganis, M. Story(40), E. Noonan(18), S. Fabre(40)	15/10/16	Shield

200 Metres

Chiara Santaglia	U/14	26.04	30/03/17	Aus Champs	28.04
Ellie McKenzie	U/16	26.89	3/12/16	Shield	27.28
Corinna Minko	Open	27.03	8/10/16	Shield	25.49
Martina Nardi	Open	27.36	3/12/16	Shield	
Lucy Leutchford	U/16	27.54	3/12/16	Shield	29.26
Maddy Sacchetta	U/18	27.80	3/12/16	Shield	27.63
Sunny Spencer	U/16	27.89	15/12/16	Shield	27.96
Chloe Jacobi	U/14	28.41	8/10/16	Shield	
Tiffany Argyropoulos	U/16	28.35	4/03/17	Vic Champs	28.38
Mia Roux	U/14	29.03	15/12/16	Shield	29.65

Natalie Botta	U/16	29.52	3/12/16	Shield	29.7
Rani Burns	U/18	29.59	15/12/16	Shield	
Elena Mitchell	U/20	29.61	15/01/17	Shield	28.64
Amy Cornell	U/16	29.70	3/12/16	Shield	30.39
Mia Deverell	45-49	29.91	24/09/16	Magpie Multies	
Rebekah Corney	U/20	29.94	8/10/16	Shield	28.12
Isabella Simonella	U/16	30.06	8/10/16	Shield	
Evie Rosa	U/18	31.83	3/12/16	Shield	32.53
Erin Rusic	U/18	32.59	8/10/16	Shield	
Steph Jones	U/16	32.81	8/10/16	Shield	30.86
Emily Noonan	U/18	33.39	8/10/16	Shield	33.11
Zoe Cornell	U/14	34.17	3/12/16	Shield	35.22
Jessica Newton	Open	34.87	8/10/16	Shield	
Kirralee Radford	40-44	35.34	15/12/16	Shield	34.39
Hannah Garganis	Open	36.70	8/10/16	Shield	
Joanne Jones	45-49	36.77	8/10/16	Shield	38.21
Claire Noonan	U/14	36.96	15/12/16	Shield	39.19
Sofie Fabre	45-49	39.00	8/10/16	Shield	

4 x 200 Metres Relay

1:54.91	U/16	S. Spencer, I. Simonelli, S. Maillardet, E. McKenzie	8/10/16	Shield
1:55.76	U/16	T. Argyropoulos, L. Leutchford, S. Jones, C. Santiglia	8/10/16	Shield
2:02.91	U/16	L. Leutchford, N. Botta, S. Spencer, A. Cornell	15/12/16	Shield
2:06.38	U/18	E. Noonan, E. Rosa, I. Simonelli, E. Newton	15/12/16	Shield
2:10.21	Open	M. Nardi, Z. Cornell(14), C. Noonan(14), J. Newton	15/12/16	Shield
2:34.42	Open	J. Newton, K. Radford(40+), H. Garganis, M. Story(40+)	8/10/16	Shield

400 Metres

Lucy Leutchford	U/16	58.38	26/02/17	Vic Champs	60.96
Sunny Spencer	U/16	58.91	26/02/17	Vic Champs	61.59
Chiara Santaglia	U/14	59.59	26/02/17	Vic Champs	62.31
Martina Nardi	Open	60.42	7/01/17	Shield	
Mia Roux	U/14	61.15	26/02/17	Vic Champs	61.94
Ellie McKenzie	U/16	62.32	20/11/16	Shield	64.18
Rebekah Corney	U/20	63.30	21/01/17	Shield	
Simone Maillardet	U/14	63.97	12/02/17	Shield Final	
Amy Cornell	U/16	64.18	7/01/17	Shield	
Chloe Jacobi	U/14	70.10	21/01/17	Shield	
Zoe Cornell	U/14	72.00	7/01/17	Shield	
Isabella Simonelli	U/16	73.79	12/02/17	Shield Final	
Jessica Newton	Open	79.47	29/10/16	Shield	
Emily Noonan	U/18	80.47	15/10/16	Shield	72.60
Claire Noonan	U/14	88.34	15/10/16	Shield	84.69
Melinda Story	45-49	90.04	15/10/16	Shield	88.44
Sofie Fabre	45-49	90.69	15/10/16	Shield	

4 x 400 Metres Relay

4:04	U/16	L. Leutchford, S. Spencer, E. McKenzie, A. Cornell	26/11/16	Vic Champs
4:11.72	Open	M. Nardi, L. Leutchford(16), A. Cornell(16), E. McKenzie(16)	3/12/16	Shield
4:13.40	U/14	C. Santiglia, M. Roux, S. Maillardet, Z. Cornell	26/11/16	Vic Champs
4:21.40	Open	C. Santiglia(14), A. Carmichael(16), E. Mitchell(20), M. Nardi	12/11/16	Shield
4:26.67	Open	C. Santiglia(14), M. Nardi, M. Roux(14), E. Newton(18)	15/01/17	Shield
4:27.44	U/16	E. McKenzie, L. Leutchford, Z. Cornell(14), A. Cornell	12/11/16	Shield

4:31.99 U/16 E. McKenzie, S. Spencer, R. O'Keeffe, A. Cornell 15/01/17 Shield

800 Metres

Sunny Spencer	U/16	2:13.64	5/03/17	Vic Champs	2:19.55
Lucy Leutchford	U/16	2:14.78	29/03/17	Aust Champs	2:18.69
Amy Cornell	U/16	2:19.38	15/12/16	Shield	2:22.16
Simone Maillardet	U/14	2:25.97	8/10/16	Shield	2:26.57
Melissa Vandewater	Open	2:28.89	12/11/16	Shield	
Mia Roux	U/14	2:30.81	15/12/16	Shield	2:24.57
Amber Louw	U/14	2:32.17	5/03/17	Vic Champs	2:37.19
Zoe Cornell	U/14	2:39.61	3/12/16	Shield	2:43.35
Ruby O'Keeffe	U/16	2:42.76	3/12/16	Shield	
Emma Newton	U/18	2:42.90	8/10/16	Shield	2:40.33
Chiara Santiglia	U/14	2:50.2	25/09/16	Magpie Multies	
Ellie McKenzie	U/16	2:51.1	25/09/16	Magpie Multies	2:47.09
Emily Noonan	U/18	2:50.75	4/03/17	Vic Champs	2:40.14
Zoe Delany	Open	2:57.41	15/12/16	Shield	
Evie Rosa	U/18	3:09.2	25/09/16	Magpie Multies	
Claire Noonan	U/14	3:18.11	15/12/16	Shield	3:41.70
Natalie Botta	U/16	3:22.4	25/09/16	Magpie Multies	3:18.33
Sofie Fabre	40-44	3:27.81	8/10/16	Shield	
Jessica Newton	Open	3:28.53	15/12/16	Shield	

1500 Metres

Erchana Murray-Bartlett	Open	4:42.49	20/12/16	Milers Club	4:44.05
Simone Maillardet	U/14	4:45.22	31/03/17	Aust Champs	5:05.4
Amy Cornell	U/16	4:55.5	21/01/17	Shield	4:56.3
Camilla Wishaw	Open	4:55.9	29/10/16	Shield	
Sunny Spencer	U/16	4:58.2	20/11/16	Shield	
Lucy Leutchford	U/16	5:06.9	12/02/17	Shield Final	4:58.6
Amber Louw	U/14	5:08.96	24/02/17	Vic Champs	
Zoe Cornell	U/14	5:19.3	12/02/17	Shield Final	5:34.0
Zoe Delany	Open	5:45.5	21/01/17	Shield	
Emma Newton	U/18	5:52.1	15/10/16	Shield	5:37.9
Michelle Laufer	45-49	5:57.36	7/01/17	Shield	6:25.0
Emily Noonan	U/18	5:59.9	15/10/16	Shield	5:51.4
Ruby O'Keeffe	U/16	6:12.4	20/11/16	Shield	
Claire Noonan	U/14	8:12.74	7/01/17	Shield	7:45.1
Melinda Story	45-49	8:28.6	15/10/16	Shield	7:31.0
Jessica Newton	Open	9:19.96	7/01/17	Shield	

3000 Metres

Virginia Moloney	Open	9:35.21	10/11/16	Milers Club	
Erchana Murray Bartlett	Open	10:20.56	10/11/16	Milers Club	
Simone Maillardet	U/14	10:24.0	7/02/17	Box Hill Classic	11:21.86
Nicolette Lesberg	Open	10:27.3	7/02/17	Box Hill Classis	
Camilla Whishaw	Open	10:29.41	10/11/16	Milers Club	
Melissa Vanderwater	35-39	10:47.15	10/11/16	Milers Club	
Amy Cornell	U/16	11:23.6	15/12/16	Shield	11:01.66
Katie Ward	Open	11:51.01	15/01/17	Shield	
Zoe Delany	Open	12:22.97	15.01.17	Shield	
Ruby O'Keeffe	U/16	12:37.9	3/12/16	Shield	
Evie Rosa	U/18	14:23.9	15/12/16	Shield	15:17.5
Elena Mitchell	U/20	14:33.02	15/01/17	Shield	

Emma Newton	U/16	15:17.4	15/12/16	Shield	13:02.8
Sofie Fabre	45-49	16:02.32	15/01/17	Shield	

5000 Metres

Virginia Moloney	Open	16:24.94	17/11/16	Vic Champs	16:31.61
Erchana Murray-Bartlett	Open	17:44.3	15/12/16	Shield	17:31.1
Camilla Whishaw	Open	17:56.18	17/11/16	Vic Champs	
Katie Ward	Open	20:19.5	15/12/16	Shield	
Zoe Delany	Open	22:06.2	3/12/16	Shield	

10,000 Metres

Virginia Moloney	Open	33:57.40	8/12/16	Zatopek	35:40.
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3000 Metres Steeplechase 76.2cm

Hannah Garganis	Open	18:32.5	15/10/16	Shield	19:41.1
Jessica Newton	Open	19:43.8	21/01/17	Shield	

2000 Metres Steeplechase 76cm

Ruby O'Keeffe	U/16	9:33.4	20/11/16	Shield	
Ellie McKenzie	U/16	9:38.7	12/02/17	Shield	
Evie Rosa	U/18	9:44.7	21/01/17	Shield	
Emily Noonan	U/18	10:12.5	21/01/17	Shield	9:14.50
Claire Noonan	U/14	12:10.35	7/01/17	Shield	

200 Metres Hurdles 76.2 cm

Ellie McKenzie	U/16	30.87	3/12/16	Shield	33.11
Claire Noonan	U/14	46.88	15/12/16	Shield	

100 Metres Hurdles

Evie Rosa	U/18	22.8	25/09/16	Magpie Multies	
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90 Metres Hurdles

Ellie McKenzie	U/16	14.00	26/02/17	Vic Champs	
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80 Metres Hurdles 76cm

Mia Deverell	45-49	13.13	24/09/16	Magpie Multies	
Chiara Santiglia	U/14	21.6	25/09/16	Magpie Multies	

1500 Metres Walk

Michelle Laufer	45-49	7:33.22	26/03/17	Vic Masters	
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2000 Metres Walk

Michelle Laufer	45-49	10:26.0	12/02/17	Shield Final	10:53.2
Emily Noonan	U/18	11:29.0	29/10/16	Shield	11:07.24
Claire Noonan	U/12	11:32.7	12/02/17	Shield Final	11:33.5
Evie Rosa	U/18	14:39.8	21/01/17	Shield	14:31.4

3000 Metres Walk

Michelle Laufer	45-49	15:10.09	8/10/16	Shield	15:45.13
Emily Noonan	U/18	17:46.4	8/10/16	Shield	
Claire Noonan	U/14	18:23.14	3/03/17	Vic Champs	17:42.78

5000 Metres Walk

Michelle Laufer	45-49	26:20.18		World Masters	27:50.6
Emily Noonan	U/16	29:32.78	24/02/17	Vic Champs	27:54.59

10000 Metres Walk

Michelle Laufer	45-49	54:06.0		World Masters	
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Shot Put4.00kg

Melinda Story	40-44	7.07m	8/10/16	Shield	7.30m
Kirralee Radford	40-44	6.26m	8/10/16	Shield	6.34m
Jessica Newton	Open	6.12m	15/01/17	Shield	
Joanne Jones	45-49	6.07m	8/10/16	Shield	5.60m
Hannah Garganis	Open	5.20m	3/12/16	Shield	6.32m

Shot Put3.00kg

Isabella Simonelli	U/16	13.15m	27/03/17	Aust Champs	
Tiana Hawkins	U/16	8.14m	15/12/16	Shield	
Claire Noonan	U/14	7.89m	15/01/17	Shield	6.91m
Ellie McKenzie	U/16	7.67m	15/01/17	Shield	7.77m
Steph Jones	U/16	7.39m	12/11/16	Shield	7.32m
Natalie Botta	U/16	7.27m	24/09/16	Magpie Multies	7.61m
Evie Rosa	U/18	7.22m	3/12/16	Shield	6.60m
Amber Louw	U/14	6.41m	15/01/17	Shield	
Chiara Santiglia	U/14	6.28m	25/09/16	Magpie Multies	5.36m
Emily Noonan	U/18	6.16m	8/10/16	Shield	6.69m

Discus 1.00kg

Isabella Simonelli	U/16	42.56m	12/02/17	Shield Final	
Melinda Story	40-44	24.32m	29/10/16	Shield	22.37m
Claire Noonan	U/14	22.44m	12/02/17	Shield Final	20.75m
Tiana Hawkins	U/16	20.72m	21/01/17	Shield	
Kirralee Radford	40-44	18.71m	21/01/17	Shield	20.47m
Ellie McKenzie	U/16	17.90m	21/01/17	Shield	
Emily Noonan	U/18	15.82m	29/10/16	Shield	14.54m
Erin Rusic	U/18	14.56m	15/10/16	Shield	
Jessica Newton	Open	14.32m	21/01/17	Shield	
Mia Roux	U/14	14.12m	21/01/17	Shield	
Steph Jones	U/16	13.43m	15/10/16	Shield	12.76m
Evie Rosa	U/18	13.62m	21/01/17	Shield	
Sofie Fabre	45-49	11.38m	15/10/16	Shield	

Javelin 600g

Kirralee Radford	40-44	21.09m	21/01/17	Shield	24.25m
Melinda Story	45-49	19.86m	15/10/16	Shield	21.52m
Jessica Newton	Open	16.04m	7/01/17	Shield	

Hannah Garganis	Open	11.91m	15/10/16	Shield	12.11m
Sofie Fabre	45-49	12.03m	12/02/17	Shield Final	

Javelin 500g

Isabella Simonelli	U/16	39.35m	20/11/16	Shield	
Adele Boylen	U/18	23.33m	7/01/17	Shield	
Kirralee Radford	40-44	20.56m	20/11/16	Shield	
Ellie McKenzie	U/16	19.79m	25/09/16	Magpie Multies	
Melinda Story	45-49	19.70m	29/10/16	Shield	18.36m
Madeleine Sacchetta	U/18	18.50m	21/01/17	Shield	
Tiana Hawkins	U/16	17.40m	21/01/17	Shield	
Elena Mitchell	U/18	15.54m	20/11/16	Shield	18.09m
Evie Rosa	U/18	16.74m	21/01/17	Shield	10.39m
Erin Rusic	U/18	10.47m	15/10/16	Shield	
Emma Newton	U/18	7.93m	21/01/17	Shield	
Natalie Botta	U/16	6.04m	25/09/16	Magpie Multies	8.34m

Javelin 400g

Mia Roux	U/14	22.55m	21/01/17	Shield	
Claire Noonan	U/14	22.14m	24/02/17	Vic Champs	20.75m

Hammer 4kg

Melinda Story	40-44	21.34m	8/10/16	Shield	24.97m
Elena Mitchell	U/20	16.24m	15/01/17	Shield	
Jessica Newton	Open	15.96m	15/01/17	Shield	
Kirralee Radford	40-44	15.49m	8/10/16	Shield	16.43m

Hammer 3kg

Isabella Simonelli	U/16	47.72m	3/03/17	Vic Champs	
Tiana Hawkins	U/16	26.19m	15/12/16	Shield	
Claire Noonan	U/14	24.68m	29/03/17	Aust Champs	13.18m
Ellie McKenzie	U/16	24.59m	8/10/16	Shield	23.22m
Evie Rosa	U/18	21.07m	3/12/16	Shield	20.22m

High Jump

Chloe Jacobi	U/14	1.66m	4/03/17	Vic Champs	
Ellie McKenzie	U/16	1.44m	24/09/16	Magpie Multies	1.46m
Isabella Simonelli	U/16	1.37m	15/01/17	Shield	
Maddy Sacchetta	U/18	1.37m	15/01/17	Shield	1.45m
Evie Rosa	U/18	1.27m	15/01/17	Shield	1.25m
Chiara Santiglia	U/14	1.25m	8/10/16	Shield	
Natalie Botta	U/16	1.20m	24/09/16	Magpie Multies	1.12m
Erin Rusic	U/18	1.20m	8/10/16	Shield	
Kirralee Radford	40-44	1.12m	15/01/17	Shield	
Melinda Story	40-44	1.05m	8/10/16	Shield	1.15m

Long Jump

Corinna Minko	Open	6.10m	15/10/16	Shield	6.06m
Rebekah Corney	U/20	5.31m	4/03/17	Vic Champs	5.35m
Martina Nardi	Open	5.14m	21/01/17	Shield	
Chloe Jacobi	U/14	4.99m	20/11/16	Shield	

Maddy Sacchetta	U/18	4.91m	5/03/17	Vic Champs	4.59m
Claudia Cameron	U/14	4.74m	5/03/17	Vic Champs	
Elena Mitchell	U/20	4.73m	21/01/17	Shield	4.59m
Ellie McKenzie	U/16	4.70m	15/10/16	Shield	4.40m
Tiffiny Argyropoulos	U/16	4.58m	12/02/17	Shield Final	
Isabella Simonelli	U/16	4.49m	20/11/16	Shield	
Alinka Carmichael	U/16	4.36m	20/11/16	Shield	
Erin Rusic	U/18	4.09m	15/10/16	Shield	
Adele Boylen	U/18	4.00m	7/01/17	Shield	3.83m
Natalie Botta	U/16	3.80m	25/09/16	Magpie Multies	3.69m
Rani Burns	U/16	3.80m	20/11/16	Shield	
Chiara Santiglia	U/14	3.90m	29/10/16	Shield	
Evie Rosa	U/18	3.67m	15/10/16	Shield	3.53m
Steph Jones	U/16	3.47m	15/10/16	Shield	3.76m
Claire Noonan	U/14	3.28m	29/10/16	Shield	3.09m
Kirralee Radford	40-44	3.28m	12/02/17	Shield Final	3.33m
Emily Noonan	U/18	3.21m	15/10/16	Shield	3.10m
Melinda Story	45-49	2.91m	15/10/16	Shield	2.79m
Sofie Fabre	45-49	2.73m	15/10/16	Shield	

Triple Jump

Rebekah Corney	U/20	11.61m	12/11/16	Shield	11.43m
Corinna Minko	Open	11.57m	8/10/16	Shield	
Claudia Cameron	U/14	10.42m	29/03/17	Aust Champs	
Maddy Sacchetta	U/18	10.35m	3/12/16	Shield	10.40m
Elena Mitchell	U/20	9.75m	12/11/16	Shield	9.82m
Ellie McKenzie	U/16	9.55m	3/12/16	Shield	
Mia Roux	U/14	9.64m	15/12/16	Shield	
Isabelli Simonelli	U/16	9.37m	12/11/16	Shield	
Alinka Carmichael	U/16	8.93m	12/11/16	Shield	9.52m
Erin Rusic	U/18	8.75m	8/10/16	Shield	
Amber Louw	U/14	8.58m	15/01/17	Shield	
Chiara Santiglia	U/14	8.50m	12/11/16	Shield	8.22m
Rani Burns	U/18	8.37m	15/12/16	Shield	
Tiffiny Argyropoulos	U/16	8.33m	12/11/16	Shield	9.21m
Evie Rosa	U/18	7.99m	12/11/16	Shield	7.86m
Steph Jones	U/16	7.83m	12/11/16	Shield	8.11m
Natalie Botta	U/16	7.42m	15/12/16	Shield	8.05m
Hannah Garganis	Open	7.21m	3/12/16	Shield	6.73m
Kirralee Radford	40-42	6.98m	15/01/17	Shield	6.59m
Claire Noonan	U/14	6.97m	15/12/16	Shield	6.74m

Pole Vault

Elena Mitchell	U/20	3.00m	24/02/17	Vic Champs	3.10m
Emily Williams	U/20	2.80m	24/02/17	Vic Champs	2.20m
Ellie McKenzie	U/16	2.80m	24/02/17	Vic Champs	
Adele Boylen	U/20	2.60m	24/02/17	Vic Champs	2.50m
Joanne Jones	40-44	2.20m	2/03/17	Rare Air	2.10m
Erin Rusic	U/18	2.20m	2/03/17	Rare Air	

WINTER RESULTS**CLUB EVENTS****SENIOR****CLUB 5 MILE CROSS COUNTRY CHAMPIONSHIP**

1	Jai Edmonds	27:54	1	Amy Cornell	33:57
2	Dale Carroll	28:15	2	Mena Butler	39:36
3	Matthew Newton	28:26	3	Francesca Black	40:30

SEALED HANDICAP

1	Jacob Barnes
2	Anthony Mithen
3	Jim Sayer

LACEBY CECIL HANDICAP

1	Melinda Story
2	Issy Ermacora
3	Paul Twining

FASTEAST TIMES

Michael Whitehead	20:23	Issy Ermacora	34:20
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KEW CAMBERWELL HANDICAP

1	Evie Rosa
2	Scott Lovell
3	Issy Ermacora

FASTEAST TIMES

Dale Carroll	27:33	Melissa Vandewater	33:31
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FOUNDATION MEMBERS MEMORIAL HANDICAP

1	Mason Barnes
2	Carly Black
3	Tony Rodwell

FASTEAST TIMES

Dale Carroll	38:52	Carly Black	60:21
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JUNIOR (u/16)**LACEBY CECIL 2k CC Race**

1	Ace Buck	6:36	1	Amy Cornell	7:16.89
2	Hayden Morris	7:03	2	Sunny Spencer	7:20.18
3	Soul Suzuki	7:30	3	Lucy Leutchford	7:21.34

KEW CAMBERWELL HANDICAP 3k

1	Amy Cornell
2	Simone Maillardet
3	Lucy Leutchford

FASTEST TIMES

James Morelli	13:07	Amy Cornell	11:09
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FOUNDATION MEMBERS MEMORIAL HANDICAP (3k)

1	Chiara Santiglia
2	Evie Rosa
3	Zoe Cornell

FASTEST TIMES

2.7k CCC	Amy Cornell	11:10
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1	Wolfgang Cotra Nemesi	10:31	1	Simone Maillardet	10:21
			2	Sunny Spencer	10:46
			3	Zoe Cornell	10:54

SEALED HANDICAP

1	Chiara Santiglia
2	Zoe Cornell
3	Wolfgang Cotra Nemesi

ATHLETICS VICTORIA EVENTS**SENIOR**

8k CCC		8k CCC			
1	Simon Bevege	28:31.5	1	Virginia Moloney	27:48.7
2	Jai Edmonds	29:37.0	2	Erchana Murray-Bartlett	29:01.3
3	Liam Delany	29:46.7	3	Melissa Vandewater	32:21.6

10k CCC

6k CCC		
1	Virginia Moloney	22:29.3
2	Erchana Murray Bartlett	24:18.3
3	Melissa Vandewater	27:14.5

16k CCC

10k CCC		
1	Virginia Moloney	35:19.4
2	Erchana Murray Bartlett	39:49.2
3	Melissa Vandewater	41:43.7

10k ROAD

1	Jai Edmonds	32:05.0	1	Virginia Moloney	35:19.4
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2	Simon Bevege	32:50.9	2	Erchana Murray Bartlett	39:49.2
3	Hugh McCarthy	34:08.7	3	Heather Gaunt	44:02.9

15 k ROAD

1	Tim Bryant	50:33.4	1	Virginia Moloney	53:36.2
2	Simon Bevege	50:34.6	2	Erchana Murray Bartlett	58:51.1
3	Jai Edmonds	51:24.3	3	Mena Butler	71:18.0

HALF MARATHON

1	Tim Bryant	69:56.8	1	Virginia Moloney	73:02.1
2	Simon Bevege	70:11.1	2	Alli Shinners	97:08.7
3	Jai Edmonds	70:13.3	3	Mena Butler	99:57.4

JUNIOR**Under 14 2kCCC**

1	Wolfgang Cotta Nemesi	7:42.2	1	Simone Maillardet	7:32.8
2	James Morelli	8:16.9	2	Zoe Cornell	7:58.9

Under 14 2k CCC

1	Simone Maillardet	15:24.6
2	Zoe Cornell	16:14.9

Under 14 3k Road

1	Simone Maillardet	10:54.3
2	Mia Roux	11:58.0

Under 14 5k Road**Under 14 5k Road**

1	James Morelli	21:18.1	1	Simone Maillardet	19:02.2
			2	Zoe Cornell	20:52.7

Under 14 6k Road

1	Simone Maillardet	23:26.6
2	Zoe Cornell	24:53.3

Under 16 3kCCC

1	Amy Cornell	12:35.0
2	Sunny Spencer	13:37.4
3	Lucy Leutchford	14:17.1

Under 16 6kCCC

1	Amy Cornell	24:08.5
2	Sunny Spencer	25:08.6
3	Lucy Leutchford	25:30.8

Under 16 3k Road

1	Lucy Leutchford	11:09.0
2	Sunny Spencer	11:21.7
3	Tiffany Argyropoulos	13:11.3

Under 16 5k Road

1	Lucy Leutchford	19:42.1
2	Sunny Spencer	20:06.1
3	Amy Cornell	20:08.0

Under 16 6k Road

1	Sunny Spencer	24:30.2
2	Lucy Leutchford	25:44.5

Under 18 4k CCC

1	Dale Carroll	14:42.2
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Under 18 3k CCC

1	Emma Newton	16:14.8
2	Evie Rosa	18:52.0

Under 18 8kCCC

1	Dale Carroll	28:22.9
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Under 18 6k CCC

1	Evie Rosa	31:04.4
2	Emma Newton	31:04.5

Under 20 4k CCC

1	Tom Hall	14:50.2
2	Matthew Newton	14:59.2

Under 20 4k CCC

1	Issy Ermacora	23:42.2
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Under 20 6k CCC

1	Matthew Newton	19:27.0
2	Tom Hall	20:15.7

Under 20 8k CCC

1	Matthew Newton	26:54.0
2	Tom Hall	27:55.0

Under 20 8k CCC

1	Issy Ermacora	42:48.8
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Under 20 5k Road

1	Matthew Newton	16:09.5
2	Tom Hall	17:08.0

Under 20 6K Road

1	Matthew Newton	19:58.9
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1	Issy Ermacora	30:32.9
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Under 20 10k Road

1	Matthew Newton	34:06.3
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OFFICE BEARERS 2017-2018

PRESIDENT: _____

VICE PRESIDENT: _____

SECRETARY: _____

TREASURER: _____

ADMINISTRATION MANAGER: _____

WINTER TEAM CO-ORDINATOR _____

SUMMER TEAM CO-ORDINATOR _____

ORDINARY MEMBERS: _____

_____A.V. DELEGATES: _____

